



31 Executive Park Drive
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A Place To Call Home

Find us on 

PARK PLACE STAFF

General Manager

Jonda Brown

Office Manager

Vicki Crooks

Resident Care Director

Tiffany Kennebrew, LPN

Dining Services Director

Tracy Bradley

Maintenance Director

Chip McKenney

Sales Director

Heather Cunningham Upchurch

Recreation Director

Susan Jones



**OUR LADY OF THE LAKE
CATHOLIC CHURCH**

Would you like to go to church but do not have a way there? We are now offering transportation every Sunday at 10:30 am. Meet in the front lobby. Sign up in the outing book on IL.



**TIME CHANGES
SUNDAY, NOVEMBER 5TH.**
Set clocks back one hour when
Daylight Saving Time Ends.



Thanksgiving Walk

Feeling stuffed after the feast is part of what Thanksgiving is all about! But before you settle on the couch to watch football or take a nap, go for a quick walk. Even a stroll as short as 15 minutes will regulate blood sugar levels and help you digest that heavy meal. And the healthy group activity provides more opportunities to bond—it could be your new holiday tradition!

HAPPY THANKSGIVING

We are so thankful we have such wonderful friends and neighbors.

Thank you for making our community so pleasant. We wish everyone a safe and terrific holiday.



Logan Matsunaga's hometown is Hendersonville, and he enjoys walking his dog at the park, reading and going to the gym. Logan joined us 3 months ago and goes above and beyond as a **Server**. Congratulations, Logan!



**Out &
About**

Hop on the bus at 8:30 am for breakfast at Cracker Barrel. Then onward to South Central Growers Poinsettia Open House on Nov 11th. Sign up in outing book on IL.

A Tribute to Veterans

Join us as we honor our Veterans on Wednesday, November 8th, at 2:30 pm at our **VETERANS' TRIBUTE**. We are honored to have Nick Nickles, U.S. Navy, Lt Ret., as our guest speaker, and our fabulous Silver Notes Band performs.

THANK YOU FOR YOUR SERVICE!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>LOCATIONS OF ACTIVITIES (A) ACTIVITY ROOM ON IL (AL) ASSISTED LIVING (C) CHAPEL (DR) DINING ROOM (G) GARDEN</p>	<p>(IL) INDEPENDENT LIVING (L) LOBBY (*) REQUIRES SIGNING UP IN THE OUTING BOOK LOCATED ON THE 1ST FLOOR ON IL NEXT TO THE ELEVATOR.</p>		<p>9:00 JIGSAW PUZZLE (A) 10:00 Movement & Motion (DR) 10:45 Music with Eddie (AL-1) 1:30 BINGO MANIA (A) 1:30 KROGER SHOPPING* 3:00 Afternoon Trivia (A) 3:00 Cornhole Xchallenge (AL-1) 4:00 Catholic Communion (C) 6:30 Rook (A)</p>	<p>9:00 JIGSAW PUZZLE (A) 10:00 Drummers Circle (AL-1) 10:30 Bible Study (A) 1:15 Men's Poker Group (AL-1) 2:00 HISTORY PRESENTATION with Carolyn Powell (A) 3:00 Making Haystacks with Annie (AL-1) 3:30 Making Haystacks with Loretta (A) 6:30 Hand and Foot (A)</p>	<p>10:00 Move It or Lose It (DR) 10:45 Coffee Social / Word Search (AL-1) 1:30 BINGO MANIA / PRIZES (A) 3:00 BINGO MANIA (AL-1) 6:30 Hand and Foot (IL-2) 6:30 Rummikub (A) 7:00 Friday Night at the Movies (AL-1)</p>	<p>9:00 JIGSAW PUZZLE (A) 10:30 Coffee Social Get-Together (AL-1) 11:00 BIBLE STUDY with Lance Thompson (C) 2:00 MEXICAN TRAIN (A) 2:30 MUSIC WITH EDDIE AND FRIENDS (C) 6:30 Hand and Foot (A)</p>
<p>9:00 JIGSAW PUZZLE (A) 9:00 Transportation to 1st Baptist Church: H'ville* 10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C) 10:30 Transportation to Our Lady of the Lake Catholic Church* 2:00 Coffee with Friends (AL-1) 2:00 HENDERSONVILLE VETERANS PARADE (Outside Parking Lot) 2:00 RUMMIKUB (A) 6:30 Hand and Foot (A)</p>	<p>9:00 JIGSAW PUZZLE (A) 9:30 Rise & Shine Stretching (A) 10:00 Music with Joseph and Alex (DR) 10:30 Who Wants Popcorn? (L) 1:30 BINGO MANIA (A) 1:30 WALMART SHOPPING* 3:00 BINGO / PRIZES (AL-1) 3:15 Crossword Challenge (A) 6:30 Hand and Foot (IL-2) 6:30 Rummikub (A)</p>	<p>9:00 JIGSAW PUZZLE (A) 10:00 Who Wants Popcorn? (L) 10:30 Balloon Swatting (AL-1) 11:00 Music with Gail Davis (C) 2:30 CHAIR VOLLEYBALL WITH ICE CREAM (DR) 3:30 November Crafting (AL-1) 6:30 Rummikub (A) & (4) 6:30 Skip-Bo (2)</p>	<p>9:00 JIGSAW PUZZLE (A) 10:00 Movement & Motion (DR) 10:45 Uno Card Game (AL-1) 2:30 VETERANS' TRIBUTE PROGRAM with Nick Nickles, U.S. Navy and Silver Notes Band (DR) 4:00 Catholic Communion (C) 6:30 Rook (A)</p>	<p>9:00 JIGSAW PUZZLE (A) 10:00 Christmas Craft (AL-1) 10:30 Bible Study (A) 1:15 Men's Poker Group (AL-1) 2:00 COCKTAILS, MOCKTAILS, POPCORN SOCIAL HOUR (DR) 2:00 Paparazzi Jewelry Sale with Harriett Boglin (DR) 2:30 HAPPY HOUR (AL-1) 6:30 Hand and Foot (A)</p>	<p>Veterans Day (Observed) 10:00 Move It or Lose It (DR) 10:45 Coffee Social / Word Search (AL-1) 1:30 BINGO MANIA / PRIZES (A) 2:00 ULTIMATE HEARING CLEAN AND CHECK (IL-2) sign up in outing book on IL 3:00 BINGO MANIA (AL-1) 6:30 Hand and Foot (IL-2) 6:30 Rummikub (A) 7:00 Friday Night at the Movies (AL-1)</p>	<p>Veterans Day 8:30 BREAKFAST AT CRACKER BARREL AND POINSETTIA OPEN HOUSE at South Central Growers in Springfield with Bob Jones* 9:00 JIGSAW PUZZLE (A) 10:30 Coffee Social Get-Together (AL-1) 11:00 BIBLE STUDY with Lance Thompson (C) 2:00 MEXICAN TRAIN (A) 2:30 MUSIC WITH EDDIE AND FRIENDS (C) 6:30 Hand and Foot (A)</p>
<p>9:00 JIGSAW PUZZLE (A) 9:00 Transportation to 1st Baptist Church: H'ville* 10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C) 10:30 Transportation to Our Lady of the Lake Catholic Church* 2:00 Coffee with Friends (AL-1) 2:00 RUMMIKUB (A) 6:30 Hand and Foot (A)</p>	<p>9:00 JIGSAW PUZZLE (A) 10:00 JOYFUL SOUNDS MUSICAL from 1st Baptist Church in Goodlettsville (DR) 11:00 Who Wants Popcorn? (L) 1:30 BINGO MANIA (A) 3:00 BINGO / PRIZES (AL-1) 3:15 iPhone Class with Joey Holland (A) 6:30 Hand and Foot (IL-2) 6:30 Rummikub (A)</p>	<p>9:00 JIGSAW PUZZLE (A) 10:00 Sittercise (DR) 10:00 Who Wants Popcorn? (L) 10:45 Coffee with Dear Abby (AL-1) 2:00 Hand Pampering with Cheryl (AL-1) 2:30 "OVERACTIVE BLADDER" SEMINAR (A) 6:30 Rummikub (A) & (4) 6:30 Skip-Bo (2)</p>	<p>9:00 JIGSAW PUZZLE (A) 10:00 Movement & Motion (DR) 10:45 Music with Eddie (AL-1) 1:30 BINGO MANIA (A) 3:00 Cornhole Challenge (AL-1) 3:00 Pictionary (A) 4:00 Catholic Communion (C) 6:30 Rook (A)</p>	<p>9:00 JIGSAW PUZZLE (A) 10:00 Glenbrook Shopping * 10:30 Bible Study (A) 1:15 Men's Poker Group (AL-1) 2:30 MUSICAL ENTERTAINMENT WITH DEBBI BAILES (DR) 6:30 Hand and Foot (A)</p>	<p>10:00 Move It or Lose It (DR) 10:45 Coffee Social / Word Search (AL-1) 12:00 CELEBRATION WITH GAIL DAVIS (DR) 1:30 BINGO MANIA / PRIZES (A) 3:00 BINGO MANIA (AL-1) 6:30 Hand and Foot (IL-2) 6:30 Rummikub (A) 7:00 Friday Night at the Movies (AL-1)</p>	<p>9:00 JIGSAW PUZZLE (A) 10:30 Coffee Social Get-Together (AL-1) 11:00 BIBLE STUDY with Lance Thompson (C) 2:00 MEXICAN TRAIN (A) 2:30 MUSIC WITH EDDIE AND FRIENDS (C) 6:30 Hand and Foot (A)</p>
<p>9:00 JIGSAW PUZZLE (A) 9:00 Transportation to 1st Baptist Church: H'ville* 10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C) 10:30 Transportation to Our Lady of the Lake Catholic Church* 2:00 Coffee with Friends (AL-1) 2:00 RUMMIKUB (A) 6:30 Hand and Foot (A)</p>	<p>9:00 JIGSAW PUZZLE (A) 10:00 Rise & Shine Stretching (A) 10:45 Things To Be Thankful For (AL-1) 1:30 BINGO MANIA (A) 1:30 CASHSAVERS SHOPPING* 3:00 BINGO / PRIZES (AL-1) 3:15 Crossword Challenge (A) 6:30 Hand and Foot (IL-2) 6:30 Rummikub (A)</p>	<p>9:00 JIGSAW PUZZLE (A) 10:30 Christmas Craft Class (A) 11:00 Music / Hymns with Pastor Jerry Wooley (C) 2:00 COCKTAILS, MOCKTAILS, POPCORN SOCIAL AT SUSAN AND TRACEY'S PUB (DR) 2:30 HAPPY HOUR (AL-1) 3:00 Christmas Craft Class (AL-1) 6:30 Rummikub (A) & (4) 6:30 Skip-Bo (2)</p>	<p>9:00 JIGSAW PUZZLE (A) 10:00 Movement & Motion (DR) 10:45 Uno Card Game (AL-1) 1:30 BINGO MANIA (A) 3:00 Cornhole (AL-1) 4:00 Catholic Communion (C) 6:30 Rook (A)</p>	<p>Thanksgiving 7:30 ALL FRONT OFFICES WILL BE CLOSED. A RECEPTIONIST WILL BE ON DUTY IF YOU NEED ASSISTANCE. 9:00 JIGSAW PUZZLE (A) 1:30 Thursday Movie Matinee (AL-1) 2:00 Resident Choice Card Games (A) 6:30 Hand and Foot (A)</p>	<p>10:00 Move It or Lose It (DR) 10:45 Coffee Social / Word Search (AL-1) 1:30 POWER BINGO MANIA / PRIZES (A) 3:00 POWER BINGO MANIA (AL-1) 6:30 Hand and Foot (IL-2) 6:30 Rummikub (A) 7:00 Friday Night at the Movies (AL-1)</p>	<p>9:00 JIGSAW PUZZLE (A) 10:30 Coffee Social Get-Together (AL-1) 11:00 BIBLE STUDY with Lance Thompson (C) 1:00 Activity Room Reserved 2:00 MEXICAN TRAIN (DR) 2:30 MUSIC WITH EDDIE AND FRIENDS (C) 6:30 Hand and Foot (A)</p>
<p>9:00 JIGSAW PUZZLE (A) 9:00 Transportation to 1st Baptist Church: H'ville* 10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C) 10:30 Transportation to Our Lady of the Lake Catholic Church* 2:00 Coffee with Friends (AL-1) 2:00 RUMMIKUB (A) 6:30 Hand and Foot (A)</p>	<p>9:00 JIGSAW PUZZLE (A) 9:30 Rise & Shine Stretching (A) 10:00 Music with Joseph and Alex (DR) 10:30 Who Wants Popcorn? (L) 1:30 BINGO MANIA (A) 3:00 BINGO / PRIZES (AL-1) 3:15 iPhone Class with Joey Holland (A) 6:30 Hand and Foot (IL-2) 6:30 Rummikub (A)</p>	<p>9:00 JIGSAW PUZZLE (A) 10:00 Pictionary (A) 10:00 Who Wants Popcorn? (L) 10:45 RESIDENT COUNCIL MEETING (AL-2) 2:30 TOWN HALL MEETING (A) 6:30 Rummikub (A) & (4) 6:30 Skip-Bo (2) 7:00 Tree Lighting Ceremony with Christmas Carols (DR)</p>	<p>9:00 JIGSAW PUZZLE (A) 10:00 Movement & Motion (DR) 10:45 Corn Hole (AL-1) 1:30 BINGO MANIA (A) 1:30 DOLLAR GENERAL MARKET SHOPPING* 3:00 Afternoon Trivia (A) 3:00 Basket Ball (AL-1) 4:00 Catholic Communion (C) 6:30 Rook (A)</p>	<p>9:00 JIGSAW PUZZLE (A) 10:00 Christmas Card Coloring (AL-1) 10:30 Bible Study (A) 1:15 Men's Poker Group (AL-1) 2:30 JOE AND RAY MUSICAL MELODIES (DR) 6:30 Hand and Foot (A)</p>	 <p>ADDITIONAL ACTIVITIES may be added during the month. Please check the FRAMED, LARGE CALENDARS located in the IL and AL Dining Rooms. We also have daily activity sheets posted on the BULLETIN BOARDS in various locations. Announcements will be made during our noon meal concerning any changes that need to be made.</p>	

**National Assisted Living Week
was enjoyed by all!!!**



Hawaiian Day with Annie, Susan & Tiffany!



Superhero Day with Tiffany and Bobby Cook



Chair Volleyball between staff and residents



Our Wacky Fashion Show participants, Bobby Garrett and Carolyn Hall



Pastor Breakfast Celebration with Pastor Jerry Wooley from 1st Baptist Church: Pictured with Marva Allen & Sharon Sewell



Happy Birthday



RESIDENTS

- 11 - Roger Trenner
- 23 - Jean Arthur
- 26 - Sharon Sewell
- 26 - Jo Harper

STAFF

- 23 - Melissa Cole

ANNIVERSARIES

RESIDENTS

- 1 Year - Cecil England
- 1 Year - Wilda Poynor
- 3 Years - Nancy Hobbs
- 4 Years - David Cardwell
- 7 Years - Betty Connolly

STAFF

- 11 Years - Bob Jones

WEDDING ANNIVERSARY

- 8 Years - David & Peggy Douglas



Did You Know?

Nov 1973 - Scotchgard patented

Nov 1952 - Elmer's Glue trademark registered

Brainteaser

Question: Where is the only place today comes before yesterday?

Answer: The dictionary.



PARK PLACE
A SENIOR LIVING COMMUNITY

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