

January 2025



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Hendersonville, TN 37075  
(615) 822-6002  
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*A Place To Call Home*

Find us on 

### PARK PLACE STAFF

#### General Manager

Jonda Brown

#### Office Manager

Vicki Crooks

#### Resident Care Director

Jean Bourk, LPN

#### Maintenance Director

Chip McKenney

#### Sales Director

Stephanie Johnson

#### Dietary Director

JP Routhier

#### Recreation Director

Susan Jones



Wishing all our residents and families a

#### HAPPY NEW YEAR!

We hope 2025 is the best year yet. Our Park Place new year's resolution remains the same: to ensure our residents have a wonderful place to call home!

#### A Healthy Perspective

"Never let the things you want make you forget the things you have." —Sanchita Pandey

#### Happy 90th Birthday, Elvis!

Pay tribute to the King of Rock 'n' Roll on Elvis Presley's birthday, January 8th.

#### 'Movin' On Up ...'

Beloved TV sitcom "The Jeffersons" debuted Jan. 18, 1975. A spin-off of "All in the Family," the show about successful dry-cleaner George Jefferson, his wife and son, and their wisecracking housekeeper ran for 11 seasons.



#### Curl Up in Comfort

"What a splendid piece of furniture an armchair is. ... During those long winter evenings, it is often sweet and always advisable to stretch out luxuriously in one, far from the din of the crowds." —Xavier de Maistre

## Welcome New Residents

Please call the front desk if we can help you in any way. We are glad you made us your home.



#### The Dream Lives On

Martin Luther King Jr. delivered his famous "I Have a Dream" speech on Aug. 28, 1963, from the steps of the Lincoln Memorial in Washington, D.C., but his words remain powerful today: "I have a dream that one day this nation will rise up and live out the true meaning of its creed: 'We hold these truths to be self-evident, that all men are created equal.'"


#### Balance Class with Total Wellness Therapy

Do you fear losing your balance? Then this class will interest you. Starting this month, on the 1st and 3rd Tuesdays, **Total Wellness** will offer classes from 2:00-2:45 pm in the Activity Room. We hope to see you there.



The staff at Park Place thank you for the thoughtful donations made to the **EMPLOYEE HOLIDAY FUND!** We love having you as our residents here, and it is a pleasure to serve you.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>LOCATION OF ACTIVITIES</b> <b>(A) ACTIVITY ROOM ON IL</b> <b>(AL) ASSISTED LIVING</b> <b>(C) CHAPEL</b> <b>(DR) DINING ROOM</b> <b>(L) LOBBY</b> <b>(4) CARD ROOM ON IL</b>	<i>(*) REQUIRES YOU TO SIGN UP IN THE OUTING BOOK LOCATED IN THE DINING ROOM BY IL DOORS. YOU'LL ALSO BE ABLE TO SIGN UP FOR CRAFTS AND OTHER CLASSES. SHOPPING BUS TRIPS AND LEISURE RIDE WILL BE CANCELED DUE TO BAD WEATHER CONDITIONS.</i>		<b>New Year's Day</b> 1 7:30 ALL FRONT OFFICES WILL BE CLOSED. A RECEPTIONIST WILL BE ON DUTY IF YOU NEED ASSISTANCE. 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 WINTER COLORING ART (AL-1) <b>2:00 RESIDENT CHOICE GAMES (A)</b> 6:30 ROOK (LIBRARY)	2 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LOBBY POPCORN 10:30 BIBLE STUDY (A) 1:15 MEN'S POKER GROUP (AL-1) 1:30 KROGER SHOPPING* 1:45 CHAIR YOGA WITH PAT (A) <b>2:30 CORNHOLE / COCKTAILS (A)</b> 6:30 HAND AND FOOT (A)	3 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVE IT OR LOSE IT (DR) 10:45 DRINK AND CHAT / FUN WORD SEARCH (AL-1) <b>1:30 BINGO MANIA / PRIZES (A)</b> 1:30 BINGOCIZE AL-1) 2:00 POCKET BILLIARDS (4) 6:30 HAND AND FOOT (IL-2) 6:30 RUMMIKUB (A)	4 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 REFRESHMENT SOCIAL (AL-1) <b>11:00 BIBLE STUDY WITH LANCE THOMPSON (C)</b> 1:30 RESIDENT CHOICE GAMES (A) 6:30 HAND AND FOOT (IL-2) <b>6:30 MUSICAL MELODIES WITH JOE (C)</b>
5 9:00 TRANSPORTATION TO 1ST BAPTIST CHURCH IN H'VILLE* <b>10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C)</b> 10:30 TRANSPORTATION TO OUR LADY OF THE LAKE CATHOLIC CHURCH* 11:00 MUSIC / HYMNS WITH LETA (4TH FLOOR COMMON AREA) <b>2:00 BOCCCE BALL WITH JOE (IL-2)</b> 2:00 REFRESHMENT SOCIAL (AL-1) 6:30 HAND AND FOOT (A)	6 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LET'S GET MOVING (DR) 10:45 BALLOON SWAT (AL-1) <b>1:30 BINGO MANIA WITH KAREN (A)</b> 3:15 CROSSWORD CHALLENGE (A) 6:30 HAND & FOOT (IL-2) 6:30 RUMMIKUB (A)	7 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LOBBY POPCORN 10:30 HAPPY NEW YEAR WORD SCRAMBLE (A) <b>2:00 BALANCE CLASS WITH TOTAL WELLNESS (A)</b> 2:30 HOT CHOCOLATE SOCIAL WITH NAME 5 (AL-1) <b>3:00 ADULT COLORING CONTEST PICKUP (A)</b> 6:30 RUMIMIKUB (A) & (4) 6:30 SKIP-BO (2)	8 <b>Elvis Presley's Birthday</b> 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVEMENT AND MOTION (DR) 10:45 UNO CARD GAME (AL-1) <b>1:30 BINGO MANIA WITH JANE (A)</b> 1:30 WALMART SHOPPING* 3:00 CORNHOLE FUN (AL-1) 4:00 CATHOLIC COMMUNION (C) 6:30 ROOK (LIBRARY)	9 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LOBBY POPCORN 10:30 BIBLE STUDY (A) 1:15 MEN'S POKER GROUP (AL-1) 1:45 CHAIR YOGA WITH PAT (A) <b>2:30 SNOWFLAKE SPIN CHALLENGE (A)</b> 6:30 HAND AND FOOT (A)	10 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVE IT OR LOSE IT (DR) 10:45 DRINK AND CHAT / FUN WORD SEARCH (AL-1) <b>1:30 BINGO MANIA / PRIZES (A)</b> 1:30 BINGOCIZE (AL-1) 2:00 POCKET BILLIARDS (4) 6:30 HAND AND FOOT (IL-2) 6:30 RUMMIKUB (A)	11 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 REFRESHMENT SOCIAL (AL-1) <b>11:00 BIBLE STUDY WITH LANCE THOMPSON (C)</b> 1:30 RESIDENT CHOICE GAMES (A) 6:30 HAND AND FOOT (IL-2) <b>6:30 MUSICAL MELODIES WITH JOE (C)</b>
12 9:00 TRANSPORTATION TO 1ST BAPTIST CHURCH IN H'VILLE* <b>10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C)</b> 10:30 TRANSPORTATION TO OUR LADY OF THE LAKE CATHOLIC CHURCH* 11:00 MUSIC / HYMNS WITH LETA (4TH FLOOR COMMON AREA) <b>2:00 BOCCCE BALL WITH JOE (IL-2)</b> 2:00 REFRESHMENT SOCIAL (AL-1) 6:30 HAND AND FOOT (A)	13 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LET'S GET MOVING (DR) 10:45 TREE RACES (AL-1) <b>1:30 BINGO MANIA WITH KAREN (A)</b> 1:30 DOLLAR GENERAL MARKET SHOPPING* 6:30 HAND & FOOT (IL-2) 6:30 RUMMIKUB (A)	14 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LOBBY POPCORN 10:30 Pictionary (A) 1:15 CROSSWORD CHALLENGE (A) <b>2:30 MUSIC DOWN MEMORY LANE WITH EL ROY PANKOW (DR)</b> 3:00 HAND MASSAGE (AL-1) 6:30 RUMIMIKUB (A) & (4) 6:30 SKIP-BO (2)	15 <b>Hat Day</b> 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVEMENT AND MOTION (DR) 10:45 DOMINOES (AL-1) <b>1:30 BINGO MANIA WITH JANE (A)</b> 3:00 CORNHOLE FUN (AL-1) 4:00 CATHOLIC COMMUNION (C) 6:30 ROOK (LIBRARY)	16 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LOBBY POPCORN 10:30 BIBLE STUDY (A) <b>11:30 LUNCH BUNCH OUTING TO CHOP HOUSE*</b> 1:15 MEN'S POKER GROUP (AL-1) 1:45 CHAIR YOGA WITH PAT (A) <b>5:30 FAMILY DINNER NIGHT (DR)</b> 6:30 HAND AND FOOT (A)	17 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVE IT OR LOSE IT (DR) 10:45 DRINK AND CHAT / FUN WORD SEARCH (AL-1) <b>1:30 BINGO MANIA / PRIZES (A)</b> 1:30 BINGOCIZE (AL-1) 2:00 POCKET BILLIARDS (4) 6:30 HAND AND FOOT (IL-2) 6:30 RUMMIKUB (A)	18 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 REFRESHMENT SOCIAL (AL-1) <b>11:00 BIBLE STUDY WITH LANCE THOMPSON (C)</b> 1:30 RESIDENT CHOICE GAMES (A) 6:30 HAND AND FOOT (IL-2) <b>6:30 MUSICAL MELODIES WITH JOE (C)</b>
19 9:00 TRANSPORTATION TO 1ST BAPTIST CHURCH IN H'VILLE* <b>10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C)</b> 10:30 TRANSPORTATION TO OUR LADY OF THE LAKE CATHOLIC CHURCH* 11:00 MUSIC / HYMNS WITH LETA (4TH FLOOR COMMON AREA) <b>2:00 BOCCCE BALL WITH JOE (IL-2)</b> 2:00 REFRESHMENT SOCIAL (AL-1) 6:30 HAND AND FOOT (A)	20 <b>Martin Luther King Jr. Day</b> 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LET'S GET MOVING (DR) 10:45 CRAFTING MADE EASY (AL-1) <b>1:30 BINGO MANIA WITH KAREN (A)</b> 3:15 CROSSWORD CHALLENGE (A) 6:30 HAND & FOOT (IL-2) 6:30 RUMMIKUB (A)	21 <b>Granola Bar Day</b> 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LOBBY POPCORN 10:30 MORNING TRIVIA (A) <b>2:00 BALANCE CLASS WITH TOTAL WELLNESS (A)</b> 2:30 MOVIE OF CHOICE WITH SNACKS (AL-1) <b>3:00 VALENTINE CRAFTING (A)</b> 6:30 RUMIMIKUB (A) & (4) 6:30 SKIP-BO (2)	22 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVEMENT AND MOTION (DR) 10:45 UNO CARD GAME (AL-1) <b>1:30 BINGO MANIA WITH LORETTA (A)</b> 1:30 GLENBROOK SHOPPING* 3:00 CORNHOLE FUN (AL-1) 4:00 CATHOLIC COMMUNION (C) 6:30 ROOK (LIBRARY)	23 <b>Pie Day</b> 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LOBBY POPCORN 10:30 BIBLE STUDY (A) 1:15 MEN'S POKER GROUP (AL-1) 1:45 CHAIR YOGA WITH PAT (A) <b>2:30 JOE AND RAY MUSICAL (DR)</b> <b>3:30 MEET AND GREET NEW RESIDENTS (A)</b> 6:30 HAND AND FOOT (A)	24 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVE IT OR LOSE IT (DR) 10:45 DRINK AND CHAT / FUN WORD SEARCH (AL-1) <b>1:30 BINGO MANIA / PRIZES (A)</b> 1:30 BINGOCIZE (AL-1) 2:00 POCKET BILLIARDS (4) 6:30 HAND AND FOOT (IL-2) 6:30 RUMMIKUB (A)	25 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 REFRESHMENT SOCIAL (AL-1) <b>11:00 BIBLE STUDY WITH LANCE THOMPSON (C)</b> 1:30 RESIDENT CHOICE GAMES (A) 6:30 HAND AND FOOT (IL-2) <b>6:30 MUSICAL MELODIES WITH JOE (C)</b>
26 9:00 TRANSPORTATION TO 1ST BAPTIST CHURCH IN H'VILLE* <b>10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C)</b> 10:30 TRANSPORTATION TO OUR LADY OF THE LAKE CATHOLIC CHURCH* 11:00 MUSIC / HYMNS WITH LETA (4TH FLOOR COMMON AREA) <b>2:00 BOCCCE BALL WITH JOE (IL-2)</b> 2:00 REFRESHMENT SOCIAL (AL-1) 6:30 HAND AND FOOT (A)	27 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LET'S GET MOVING (DR) 10:45 FUN FITNESSIZE (AL-1) 1:30 ALDI SHOPPING* <b>1:30 BINGO MANIA WITH KAREN (A)</b> 3:30 CROSSWORD CHALLENGE (A) 6:30 HAND & FOOT (IL-2) 6:30 RUMMIKUB (A)	28 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LOBBY POPCORN <b>10:45 RESIDENT COUNCIL MEETING IN RM (AL)</b> 11:30 MUSICAL TUNES WITH EL ROY (DR) <b>2:30 TOWN HALL MEETING (A)</b> 6:30 RUMIMIKUB (A) & (4) 6:30 SKIP-BO (2)	29 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVEMENT AND MOTION (DR) 10:45 DECORATING CUPCAKES (AL-1) <b>2:00 BIRTHDAY AND ANNIVERSARY PARTY (A)</b> 3:00 CORNHOLE FUN (AL-1) 4:00 CATHOLIC COMMUNION (C) 6:30 ROOK (LIBRARY)	30 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LOBBY POPCORN 10:30 BIBLE STUDY (A) 1:15 MEN'S POKER GROUP (AL-1) 1:45 CHAIR YOGA WITH PAT (A) <b>2:30 RESIDENT / STAFF FAMILY FEUD (DR)</b> 6:30 HAND AND FOOT (A)	31 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVE IT OR LOSE IT (DR) 10:45 DRINK AND CHAT / FUN WORD SEARCH (AL-1) <b>1:30 BINGO MANIA / PRIZES (A)</b> 1:30 BINGOCIZE (AL-1) 2:00 POCKET BILLIARDS (4) 6:30 HAND AND FOOT (IL-2) 6:30 RUMMIKUB (A)	<b>ADDITIONAL ACTIVITIES</b> may be added or omitted during the month. Please view the <b>BULLETIN BOARDS</b> located in numerous areas on IL and AL. Announcements will be made at noon for additional information.



## ANNIVERSARIES RESIDENTS

2 Years - Bobby Cook  
2 Years - Nancy Thompson  
2 Years - Margie Hall  
3 Years - Charlene Jones  
3 Years - Jerry Merry

### STAFF

2 Years - Stephanie Smith  
15 Years - Barbara Strickland

## BIRTHDAYS RESIDENTS

05--Deborah Winters  
06--Bobby Cook  
08--Mel Brown  
11--Georgette Dion  
12--Lynda Evjen  
15--Diane Lahoski  
26--Dianne Phillips  
29-- Richard Thomas

### STAFF

20--Teresa Johnston  
22--Noah Carmean  
24--Heather Wolf  
24--Charles Craig

## Famous Faces Born in January

Jan. 8, 1935: Elvis Presley  
Jan. 13, 1919: Andy Rooney (60 minutes)  
Jan. 15, 1913: Lloyd Bridges (Sea Hunt)  
Jan. 19, 1946: Dolly Parton  
Jan. 29, 1945: Tom Selleck (Magnum P.I. and Blue Bloods)  
Jan. 29, 1954: Oprah Winfrey  
Jan. 28, 1985: Tom Hopper

## Daily Observations

Have you ever thought about using a calendar as a journal? Wall calendars sometimes arrive free in the mail or your Activity Director has some on hand. Use each day's square to jot down doctor appointments, shopping, going to families, bill paying, etc.

It's an easy way to record everyday life.



## Wild World: Lynx

The lynx is one cat that likes the cold. Found in remote forests in northern Europe, Asia and North America, this solitary species stays warm thanks to its fluffy coat and large, furry paws, which function as snowshoes. The trademark black tufts on the tips of a lynx's ears help it hear prey and predators from long distances away. Lynx make their dens under ledges and in rocky crevices and are known to climb trees and swim in order to catch prey, which includes mice, squirrels, hares, fish, birds and deer.



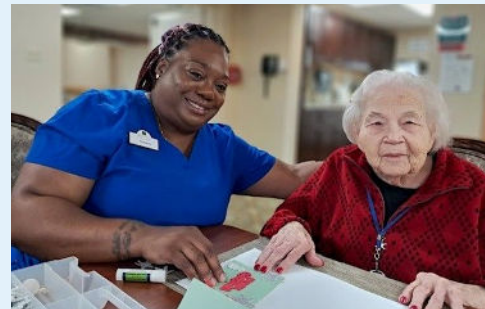
## Marshmallows by the Millions

Dean Martin sang, "It's a marshmallow world in the winter" back in 1966, but this sweet and fluffy confection can be spotted year-round. Whether as a topping for hot cocoa, sandwiched in a s'more, or a gooey ingredient in a variety of treats, more than 90 million pounds of marshmallows are consumed each year in the U.S.

## Christmas Pretzel Display of Park Place and Community Crafted by Sheron Ford and Resident Deborah Winters.



Dessert Giveaway for our Residents and Staff before Thanksgiving was a blast. Thank you to our many Sponsors, Volunteers and Family Members for their generous donations.



Making Christmas Cards.