



31 Executive Park Drive
Hendersonville, TN 37075
(615) 822-6002
Fax: (615) 822-3765

A Place To Call Home

Find us on 



PARK PLACE STAFF

General Manager

Jonda Brown

Office Manager

Vicki Crooks

Resident Care Director

Sharisse Chatman, LPN

Dining Services Director

Tracy Bradley

Maintenance Director

Chip McKenney

Sales Director

Stephanie Johnson

Recreation Director

Susan Jones

Welcome

New Residents

Please call the front desk if we can help you in any way. We are glad you made us your home.

Halftime Review

July includes the halfway point of the year. Do you need to refresh a resolution?

Month of Minimalism

Thinking about simplifying your life by getting rid of things you don't need?

This is the month to do it! July 12 is Simplicity Day, and July 15 is National Give Something Away Day.

Wonderful Watermelon

Nothing says summer like a juicy slice of watermelon. Not only is this refreshing fruit a great way to stay hydrated on hot days, but it also contains a type of amino acid that can provide relief to sore muscles.



Upcoming Events

JULY 3--Silver Notes July 4th

Concert

JULY 16--Magic Show with

Steve Gervais

JULY 18--Family Dinner Night

JULY 18--"The Conversation No One Wants To Have" with Steven Ringel

July 23-- Resident / Staff

Karaoke

July 26--Friday Night Dance

with Debbi Bailes Trio



Squeeze the Day

Refresh your hydration routine by adding lemon slices or a splash of lemon juice to your water.

Drinking lemon water can help curb cravings for sugary drinks while providing nutrients such as vitamin C, fiber and antioxidants. Our outside "Lemonade Stand" is on July 23rd.

WHAT'S ON YOUR BUCKET LIST?

Webb Weiman, Executive Director, and Evan Spiegel, Director with My Jump, Inc., honored our resident, Rebecca Braden, with a cruise on the General Jackson Showboat with lunch and a fabulous live country show. Daughter, Winnie Rose, joined the fun with her mom!



July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LET'S GET MOVING (DR) 10:45 FUN FITNESS (AL-1) 1:30 BINGO MANIA (A) 1:30 KROGER SHOPPING* 3:15 CROSSWORD CHALLENGE (A) 6:30 HAND & FOOT (IL-2) 6:30 RUMMIKUB (A)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LET'S GET MOVING (DR) 10:45 FUN FITNESS (AL-1) 1:30 BINGO MANIA (A) 1:30 KROGER SHOPPING* 3:15 CROSSWORD CHALLENGE (A) 6:30 HAND & FOOT (IL-2) 6:30 RUMMIKUB (A)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 FRONT LOBBY POPCORN (L) 1:30 JULY JEOPARDY (A) 3:00 WHAT'S MISSING (AL-1) 6:30 RUMMIKUB (A) & (4) 6:30 SKIP-BO (2)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVEMENT AND MOTION (DR) 10:45 MUSIC WITH EDDIE (AL-1) 1:30 BINGO MANIA WITH JANE (AL-1) 2:30 SILVER NOTES PATRIOTIC CONCERT (DR) 4:00 CATHOLIC COMMUNION (C) 6:30 ROOK (LIBRARY)	Independence Day 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 WHO WANTS POPCORN (L) 1:15 LET'S PLAY POKER (AL-1) 1:45 CHAIR YOGA WITH PAT (A) 2:30 JULY 4TH ICE CREAM FEED (A) 6:30 HAND AND FOOT (A) 7:00 THURSDAY NIGHT AT THE MOVIES (AL-1)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVE IT OR LOSE IT WITH MELINDA (DR) 10:45 DRINK AND CHAT / FUN WORD SEARCH (AL-1) 11:00 BOUCE BALL WITH JOE (A) 1:30 BINGO MANIA / PRIZES (A) 1:30 BINGO MANIA (AL-1) 2:00 POCKET BILLIARDS (4) 6:30 HAND AND FOOT (IL-2) 6:30 RUMMIKUB (A)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 REFRESHMENT SOCIAL (AL-1) 11:00 BIBLE STUDY WITH LANCE THOMPSON (C) 1:30 RESIDENT CHOICE GAMES (A) 2:30 SING-A-LONG WITH EDDIE (C) 6:30 HAND AND FOOT (A)
9:00 TRANSPORTATION TO 1ST BAPTIST CHURCH IN H'VILLE* 10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C) 10:30 TRANSPORTATION TO OUR LADY OF THE LAKE CATHOLIC CHURCH* 2:00 REFRESHMENT SOCIAL (AL-1) 2:00 RUMMIKUB (A) 6:30 HAND AND FOOT (A)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 JOYFUL SOUNDS MUSICAL from 1st Baptist Church in Goodlettsville (DR) 10:30 WHO WANTS POPCORN (AL-1) 1:30 BINGO MANIA WITH KAREN (A) 1:30 CREATIVE COLORING (AL-1) 1:30 WALMART SHOPPING* 3:15 PHONE CLASS WITH JOEY (A) 6:30 HAND & FOOT (IL-2) 6:30 RUMMIKUB (A)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 FRONT LOBBY POPCORN (L) 1:30 JULY CRAFTING (A) 3:00 CROSSWORD PUZZLES (A) 6:30 RUMMIKUB (A) & (4) 6:30 SKIP-BO (2)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVEMENT AND MOTION (DR) 10:45 DOMINOES (AL-1) 1:30 BINGO MANIA / PRIZES WITH JANE (A) 3:00 CORN HOLE CHALLENGE (AL-1) 4:00 CATHOLIC COMMUNION (C) 6:30 ROOK (LIBRARY)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 BIBLE STUDY (A) 10:30 WHO WANTS POPCORN (L) 1:15 LET'S PLAY POKER (AL-1) 1:45 CHAIR YOGA WITH PAT (A) 2:30 COCKTAIL / MOCKTAIL / POPCORN (A) 3:30 SOCIAL HOUR (AL-1) 6:30 HAND AND FOOT (A) 7:00 THURSDAY NIGHT AT THE MOVIES (AL-1)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVE IT OR LOSE IT WITH MELINDA (DR) 10:45 DRINK AND CHAT / FUN WORD SEARCH (AL-1) 10:45 DRINK AND CHAT / FUN WORD SEARCH (AL-1) 11:00 BOUCE BALL WITH JOE (A) 1:30 BINGO MANIA / PRIZES (A) 1:30 BINGO MANIA (AL-1) 2:00 POCKET BILLIARDS (4) 6:30 HAND AND FOOT (IL-2) 6:30 RUMMIKUB (A)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 REFRESHMENT SOCIAL (AL-1) 11:00 BIBLE STUDY WITH LANCE THOMPSON (C) 1:30 RESIDENT CHOICE GAMES (A) 2:30 SING-A-LONG WITH EDDIE (C) 6:30 HAND AND FOOT (A)
9:00 TRANSPORTATION TO 1ST BAPTIST CHURCH IN H'VILLE* 10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C) 10:30 TRANSPORTATION TO OUR LADY OF THE LAKE CATHOLIC CHURCH* 2:00 REFRESHMENT SOCIAL (AL-1) 2:00 RUMMIKUB (A) 6:30 HAND AND FOOT (A)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LET'S GET MOVING (DR) 10:45 FUN FITNESS (AL-1) 1:30 BINGO MANIA (A) 3:15 CROSSWORD CHALLENGE (A) 6:30 HAND & FOOT (IL-2) 6:30 RUMMIKUB (A)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 FRONT LOBBY POPCORN (L) 12:00 JERRY WOOLEY AT THE PIANO (DR) 1:30 DOMINOES (AL-1) 2:30 STEPHEN GERVAIS MAGIC SHOW (DR) 6:30 RUMMIKUB (A) & (4) 6:30 SKIP-BO (2)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVEMENT AND MOTION (DR) 10:45 MUSIC WITH EDDIE (AL-1) 1:30 5 STAR OR DOLLAR GENERAL * 1:30 BINGO MANIA WITH JANE (A) 1:30 CORN HOLE CHALLENGE (AL-1) 4:00 CATHOLIC COMMUNION (C) 6:30 ROOK (LIBRARY)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 BIBLE STUDY (A) 10:30 WHO WANTS POPCORN (L) 1:15 LET'S PLAY POKER (AL-1) 1:45 CHAIR YOGA WITH PAT (A) 2:30 END OF LIFE PLANNING WITH STEVEN RINGEL (A) 5:30 FAMILY NIGHT DINNER (DR) 6:30 HAND AND FOOT (A) 7:00 THURSDAY NIGHT AT THE MOVIES (AL-1)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVE IT OR LOSE IT WITH MELINDA (DR) 10:45 DRINK AND CHAT / FUN WORD SEARCH (AL-1) 1:30 BINGO MANIA / PRIZES (A) 1:30 BINGO MANIA (AL-1) 2:00 POCKET BILLIARDS (4) 6:30 HAND AND FOOT (IL-2) 6:30 RUMMIKUB (A)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 REFRESHMENT SOCIAL (AL-1) 11:00 BIBLE STUDY WITH LANCE THOMPSON (C) 1:30 RESIDENT CHOICE GAMES (A) 2:30 SING-A-LONG WITH EDDIE (C) 6:30 HAND AND FOOT (A)
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9:00 TRANSPORTATION TO 1ST BAPTIST CHURCH IN H'VILLE* 10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C) 10:30 TRANSPORTATION TO OUR LADY OF THE LAKE CATHOLIC CHURCH* 2:00 REFRESHMENT SOCIAL (AL-1) 2:00 RUMMIKUB (A) 6:30 HAND AND FOOT (A)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LET'S GET MOVING (DR) 10:45 PASS THE BALL (AL-1) 1:30 BINGO MANIA (A) 3:15 CROSSWORD CHALLENGE (A) 6:30 HAND & FOOT (IL-2) 6:30 RUMMIKUB (A)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:15 FRONT LOBBY POPCORN (L) 11:00 IN RM RESIDENT COUNCIL (AL) 2:30 TOWN HALL MEETING (A) 6:30 RUMMIKUB (A) & (4) 6:30 SKIP-BO (2)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVEMENT AND MOTION (DR) 10:45 GUESS THE FLAVOR (AL-1) 11:30 LUNCH BUNCH OUTING TO DEMOS' RESTAURANT* 1:30 BINGO MANIA / PRIZES WITH JANE (A) 1:30 CORN HOLE CHALLENGE (AL-1) 1:30 DILLARD'S SHOPPING* 4:00 CATHOLIC COMMUNION (C) 6:30 ROOK (LIBRARY)	ADDITIONAL ACTIVITIES may be added or omitted during the month. Please check the BULLETIN BOARDS located in various areas on IL and AL. Announcements will be made during our noon meal for informative information.	LOCATION OF ACTIVITIES (A) ACTIVITY ROOM ON IL-2 (AL) ASSISTED LIVING (C) CHAPEL (DR) DINING ROOM (G) GARDEN (IL) INDEPENDENT LIVING	(4) CARD ROOM ON IL-4 (*) REQUIRES YOU TO SIGN UP IN THE OUTING BOOK LOCATED IN THE DINING ROOM BY IL DOORS. YOU'LL ALSO BE ABLE TO SIGN UP FOR CRAFTS AND OTHER CLASSES.

**ANNIVERSARIES
RESIDENTS**

- 1 Year: David Anderson
- 2 Years: Mabrey Castle
- 2 Years: Nora Pippin
- 3 Years: Jackie Bruce
- 3 Years: Buddy Hughes
- 5 Years: Billie Johns
- 7 Years: Mary Bennett
- 8 Years: Claude Weingand
- 8 Years: Walter Lamb
- 8 Years: Marjorie Lamb
- 8 Years: Brenda McDaniel
- 16 Years: Barbara Fleming

STAFF

- 1 Year: Truvena Turner
- 2 Year: Dillion Stephens
- 3 Years: Joe Moura
- 7 Years: Annie SeyBert
- 13 Years: Anita Dumas

**BIRTHDAYS
RESIDENTS**

- 01: Shirley Stackhouse
- 03: Mary Lou Jarvis
- 03: Hugh Travis
- 10: Janice Jones
- 11: Mary Upchurch
- 12: Marjorie Lamb
- 17: Mildred Gallaher

STAFF

- 08: Sherry Haywood
- 11: Dillion Stephens
- 18: Allena Castaneda
- 22: Valerie McKenney
- 22: Dustin Huntsman
- 25: Lorrie Campbell
- 26: Laurie Shick



Famous Faces Born in July

- July 2, 1990: Margot Robbie
- July 6, 2000: Zion Williamson
- July 8, 1977: Milo Ventimiglia
- July 12, 1978: Michelle Rodriguez
- July 13, 1940: Patrick Stewart
- July 20, 1971: Sandra Oh
- July 21, 1948: Cat Stevens
- July 30, 1968: Terry Crews

Lady Liberty

The Statue of Liberty is among America's most famous national monuments. Here are some little-known facts about the icon:

- The city of Boston put in a bid for it.
- Its creator, Frederic-Auguste Bartholdi, wanted it to be covered in gold so that it would be visible at night.
- Inventor Thomas Edison said he was designing a huge phonograph disc for the statue's interior so that it could "talk."

Be Your Own Champion

"You have to believe in yourself when no one else does—that makes you a winner right there." —Venus Williams

Calorie-Burning Boost

Walking is one of the best forms of exercise. Increase the calories you burn by up to 15% by swinging your arms while you walk, keeping your elbows at a 90-degree angle.

Get Ready for the Games!

The 2024 Summer Olympics are set to begin this month in Paris. Featuring more than 30 different sports, the global competition will take place July 26 through Aug. 11.



Dolly Parton Day with residents and staff was a blast. I think even our King enjoyed having "us" pictured around him.



Farewell lunch with our bus driver, Bob Jones, at 5 Chefs in Portland.



1st Baptist Church brought their Ice Cream Truck filled with yummy ice cream.