



31 Executive Park Drive
Hendersonville, TN 37075
(615) 822-6002
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A Place To Call Home

Find us on 

PARK PLACE STAFF

General Manager

Jenna Wetherholt

Office Manager

Tanisha Harris

Resident Care Director

Heather Lupinek, LPN

Maintenance Director

Chip McKenney

Sales Director

Sherrye Moore

Dining Services Director

Rinesa Harrison

Recreation Director

OPEN

Wellness Coordinator

Cheri Strachan

-Dining Update-

Our new Dining Room Director has been hired! Rinesa Harrison will begin on March 31st. Please join us in giving her a warm welcome!

Decluttering and Organizing

Join us Wednesday, April 22nd, at 3pm, to learn what the **CLUTTER COMPANY** offers to help you declutter and get organized.

Associate Spotlight

M.K. REELS, LPN

M.K. joined Park Place last year. He is a Tennessean and enjoys being with family and fishing. He was an EMT for 2 yrs before becoming an LPN. We appreciate you, M.K.!!!



Volunteers: The Heart of Our Community!
VOLUNTEER APPRECIATION WEEK
APRIL 19-25

Volunteering brings people together. It builds communities and creates a better society for everyone. National Volunteer Week is a chance for all of us to celebrate and recognize the vital work of volunteers and to say "thank you." Among the many things our volunteers do for us include: calling Bingo, Exercise Class, Church Services, Bible Studies, Dog Walking, Musical Entertainment, I-Phone classes, and Catholic Communion. Many of our residents volunteer their time as well.

Take a moment to recognize and thank our many volunteers at Park Place for donating their time and energy to us.

Bake & Take Appreciation
April 21, 3:30-5 PM



KING AND QUEEN OF 2026
Don and Betty Sanders

What to Know About Your Will

Join us on Friday, April 17th, at 2:30 pm, for a special presentation hosted by Josh Hunter from Johnson McGinnis, Elder Care Law. A question-and-answer session will follow presentation. Public is invited.

Welcome
New Residents

Please call the front desk if we can help in any way. Join us for our "Meet & Greet" on Thursday, April 16th, at 3 pm, in the Activity Room.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>LOCATION OF ACTIVITIES (A) ACTIVITY ROOM (AL) ASSISTED LIVING (C) CHAPEL (DR) DINING ROOM (IL) INDEPENDENT LIVING (4) CARD ROOM ON IL-4</p>	<p>(*) REQUIRES TO SIGN UP IN THE OUTING BOOK LOCATED IN THE DINING ROOM BY IL DOORS. YOU'LL ALSO BE ABLE TO SIGN UP FOR CRAFTS, LUNCH BUNCH OUTING AND LEISURE RIDES.</p>		<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVEMENT AND MOTION (DR) 10:45 WOOD EASTER COLORING (AL-1) 1:30 BOCCE BALL (IL-2) 3:00 CORN HOLE CHALLENGE (AL-2) 3:30 MUSIC WITH LETA (4) 4:00 CATHOLIC COMMUNION (C) 6:30 MEXICAN TRAIN (A) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 ROOK (4)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 FRONT LOBBY POPCORN (L) 10:30 BIBLE STUDY (A) 1:00 CROSSWORD PUZZLES (A) 1:00 KROGER SHOPPING * (sign up) 1:15 MEN'S POKER GROUP (AL-2) 2:30 EASTER EGGSTRAVAGANZA (DR) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVE IT OR LOSE IT (DR) 10:45 DRINK AND CHAT / FUN WORD SEARCH (AL-1) 1:30 AL AND IL BINGO BONANZA / PRIZES (A) 2:00 BRIDGE (4) 2:00 POCKET BILLIARDS (4) 3:00 TAPPIN' TO THE TUNES OF LETA (AL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (A)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:45 BIBLE STUDY WITH LANCE THOMPSON (C) 1:30 RESIDENT CHOICE GAMES (A) AND (IL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 SKYJO (4)</p>
<p>EASTER 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C) 11:00 GOING DOWN MEMORY LANE WITH LETA (4) 3:30 RESIDENT CHOICE GAMES (A) AND (IL-2) 6:30 HAND AND FOOT (4) 6:30 MEXICAN TRAIN (A) 6:30 MOVIE NIGHT WITH GARY (AL-1)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LET'S GET MOVING (DR) 10:45 UNO CARD GAME (AL-2) 1:30 BINGO / PRIZES (AL-1) 1:30 BINGO MANIA / PRIZES (A) 6:30 HAND & FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (A)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 FRONT LOBBY POPCORN (L) & (AL) 2:00 BALANCE CLASS WITH TOTAL WELLNESS (A) 2:30 BOCCE BALL (IL-2) 3:30 APRIL JEOPARDY 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (A)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVEMENT AND MOTION (DR) 10:45 MAGAZINE SCAVENGER HUNT (AL-1) 1:30 BOCCE BALL (IL-2) 3:00 CORN HOLE CHALLENGE (AL-2) 3:30 MUSIC WITH LETA (4) 4:00 CATHOLIC COMMUNION (C) 6:30 MEXICAN TRAIN (A) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 ROOK (4)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 BIBLE STUDY (A) 10:30 FRONT LOBBY POPCORN (L) & (AL) 10:45 CHOCOLATE COVERED STRAWBERRY LUNCH BUNCH OUTING * (sign up) 1:15 MEN'S POKER GROUP (AL-2) 1:30 CROSSWORD CHALLENGE (A) 1:30 WALMART SHOPPING (sign up) 2:30 BILL SLEETER IVORY MELODIES (DR) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVE IT OR LOSE IT (DR) 10:45 DRINK AND CHAT / FUN WORD SEARCH (AL-1) 1:30 AL AND IL BINGO BONANZA / PRIZES (A) 2:00 BRIDGE (4) 2:00 POCKET BILLIARDS (4) 3:00 TAPPIN' TO THE TUNES OF LETA (AL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (A)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:45 BIBLE STUDY WITH LANCE THOMPSON (C) 1:30 RESIDENT CHOICE GAMES (A) AND (IL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 MUSICAL MEMORIES WITH RAY (DR) 6:30 SKYJO (4)</p>
<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C) 11:00 GOING DOWN MEMORY LANE WITH LETA (4) 3:30 RESIDENT CHOICE GAMES (A) AND (IL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LET'S GET MOVING (DR) 10:45 UNO CARD GAME (AL-2) 1:30 BINGO / PRIZES (AL-1) 1:30 BINGO MANIA / PRIZES (A) 3:00 EXERCISE CLASS WITH TOTAL WELLNESS THERAPY, ZACK BENTLEY, OT (AL-2) 3:15 I-PHONE CLASS WITH JOEY HOLLAND (A) 6:30 HAND & FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (A)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 FRONT LOBBY POPCORN (L) & (AL) 1:30 LINE DANCING WITH AMY (DR) 2:30 CRAFTING WITH AMY (A) 3:30 BOCCE BALL (IL-2) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (A)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVEMENT AND MOTION (DR) 10:45 BALLOON SWAT (AL-1) 1:30 BOCCE BALL (IL-2) 3:00 CORN HOLE CHALLENGE (AL-2) 3:30 MUSIC WITH LETA (4) 4:00 CATHOLIC COMMUNION (C) 6:30 MEXICAN TRAIN (A) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 ROOK (4)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 BIBLE STUDY (A) 10:30 FRONT LOBBY POPCORN (L) & (AL) 11:30 APRIL BIRTHDAY STEAK AND CAKE (DR) 1:15 MEN'S POKER GROUP (AL-2) 1:30 CROSSWORD PUZZLES (A) 1:30 MICHAELS CRAFTS * (sign up) 3:00 MEET AND GREET NEW RESIDENTS (A) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVE IT OR LOSE IT (DR) 10:45 DRINK AND CHAT / FUN WORD SEARCH (AL-1) 1:30 AL AND IL BINGO BONANZA / PRIZES (A) 2:00 BRIDGE (4) 2:00 POCKET BILLIARDS (4) 2:30 WHAT TO KNOW ABOUT YOUR WILL with Josh Hunter from Johnson McGinnis Elder Care Law (A) 3:00 TAPPIN' TO THE TUNES OF LETA (AL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (A)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:45 BIBLE STUDY WITH LANCE THOMPSON (C) 1:30 RESIDENT CHOICE GAMES (A) AND (IL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 SKYJO (4)</p>
<p>NATIONAL VOLUNTEER WEEK 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C) 11:00 GOING DOWN MEMORY LANE WITH LETA (4) 3:30 RESIDENT CHOICE GAMES (A) AND (IL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LET'S GET MOVING (DR) 10:45 UNO CARD GAME (AL-2) 1:30 BINGO / PRIZES (AL-1) 1:30 BINGO MANIA / PRIZES (A) 6:30 HAND & FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (A)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 FRONT LOBBY POPCORN (L) & (AL) 1:00 BOCCE BALL (IL-2) 2:00 BALANCE CLASS WITH TOTAL WELLNESS (A) 2:30 FOOD FORUM MEETING (DR) 3:30 --5:00pm VOLUNTEER APPRECIATION BAKE AND TAKE (Front Lobby) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (A)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVEMENT AND MOTION (DR) 10:45 DECORATING COOKIES (AL-1) 1:30 BOCCE BALL (IL-2) 3:00 CORN HOLE CHALLENGE (AL-2) 3:00 DECLUTTERING AND ORGANIZING PRESENTATION WITH HEATHER (A) 3:30 MUSIC WITH LETA (4) 4:00 CATHOLIC COMMUNION (C) 6:30 MEXICAN TRAIN (A) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 ROOK (4)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 BIBLE STUDY (A) 10:30 FRONT LOBBY POPCORN (L) & (AL) 1:15 MEN'S POKER GROUP (AL-2) 1:30 CROSSWORD CHALLENGE (A) 1:30 GLENBROOK SHOPPING * (sign up)(L) 2:30 JAMMIN' DOWN WITH RAY NEWTON (DR) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVE IT OR LOSE IT (DR) 10:45 DRINK AND CHAT / FUN WORD SEARCH (AL-1) 1:30 AL AND IL BINGO BONANZA / PRIZES (A) 2:00 BRIDGE (4) 2:00 POCKET BILLIARDS (4) 3:00 TAPPIN' TO THE TUNES OF LETA (AL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (A)</p>	<p>9:00 COMMUNITY JIGSAW PUZZLE (A) 10:45 BIBLE STUDY WITH LANCE THOMPSON (C) 1:30 RESIDENT CHOICE GAMES (A) AND (IL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 SKYJO (4)</p>
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Freshly Cut Grass Stimulates Your Brain

The scent of just-cut grass is a familiar one this time of year. Not only is it instantly recognizable, but it can also be powerful. Neuroscientists say a freshly mowed lawn releases chemicals that can affect the parts of the brain that produce happiness and relaxation and may prevent cell damage that can cause age-related memory loss. The researchers have even bottled the aroma into a spray so that people can reap the benefits anytime.

Outdoor Strolls

Spring is here! Take advantage of milder weather and go for a walk in the fresh air. A study by the University of Michigan reported reduced stress levels in people who walked in nature with a group.

Famous Faces Born in April

- April 1, 1976: David Oyelowo
- April 4, 1996: Austin Mahone
- April 12, 1956: Andy Garcia
- April 19, 1937: Elinor Donahue
- April 23, 2000: Chloe Kim
- April 28, 1941: Ann-Margret
- April 30, 1985: Gal Gadot

Chocolate Bunny Bonanza

More than 90 million chocolate bunnies are sold in the U.S. each year.

Popular Pages: 'A Field Guide to the Birds'

When ornithologist Roger Tory Peterson's field guide was first published in 1934, the hobby of bird-watching was changed forever. Using his own illustrations and grouping similar-looking birds together on a page, Peterson's simple yet groundbreaking visual system helped bird-watchers more easily identify birds from a distance by focusing on key physical characteristics such as shape and distinctive markings. Inexpensive and small enough to be carried in a pocket, the guide's original printing of 2,000 copies sold out immediately, and birders have purchased over 8 million copies since. Updated guides continue to be released.



Healthy Hints

Don't just sit there—take up a hobby. Studies show that people who fill up their free time with relaxing activities they enjoy are happier, healthier and report higher life satisfaction. It doesn't matter what you do—whether it's scrapbooking, crocheting, sports, bird watching, antiquing or playing cards—the point is, do it. People find happiness in their hobbies, and that joy carries over to other parts of their lives. Take part in a brain-stimulating and calorie-burning hobby today. It's good for your health!



Memorable Melody: 'Into Each Life Some Rain Must Fall'

This sentimental song by Ella Fitzgerald and the Ink Spots quartet reminds us that life is full of ups and downs. Rain is a metaphor for tough times, but the lyrics promise that "some day the sun will shine." A line in the poem "The Rainy Day" by Henry Wadsworth Longfellow inspired the tune, written by Allan Roberts and Doris Fisher. Fitzgerald's easygoing voice alongside the smooth tenor of the Spots' Bill Kenny made the mellow track a No. 1 hit in 1944.

ANNIVERSARIES RESIDENTS

- 2 Years - Judy Cherry
- 2 Years - Katie Cook
- 5 Years - Anita White
- 8 Years - Diane Lahoski
- 9 Years - Carolyn Hall
- 10 Years - Jo Harper
- 11 Years - Anne Franklin

STAFF

- 1 Year - Tonya Hargis
- 8 Years - Pete Sailors

BIRTHDAYS RESIDENTS

- 1 - Linda Johnson
- 12 - Rebecca Braden
- 17 - Mary Lou Breeding
- 18 - Bob Ensminger
- 23 - Carolyn Kuykendall

STAFF

- 14 - Gretchen Dell