

31 Executive Park Drive
Hendersonville, TN 37075
(615) 822-6002
Fax: (615) 822-3765

A Place To Call Home

Find us on 

PARK PLACE
A SENIOR LIVING COMMUNITY

PARK PLACE STAFF

General Manager

Renysia Fugghett

Office Manager

OPEN

Resident Care Director

Heather Lupinek, LPN

Maintenance Director

Chip McKenney

Sales Director

Sherrye Moore

Dining Services Director

OPEN

Recreation Director

Susan Jones

Wellness Coordinator

Cheri Strachan

February is American Heart Month and Friday, Feb. 6th, is National Wear Red Day!



Your Heart Never Rests

The size of your fist, your heart is a hard-working organ! It beats 100,000 times and pumps about 2,000 gallons of blood each day, delivering oxygen and nutrients throughout your body.

Heart-Smart Snacks

Choose healthy snacks like dark chocolate, nuts & popcorn that contain antioxidants & nutrients.



Senior Love Prom--A Night to Remember

Residents, staff and family are invited to come together in their finest attire for a prom-like celebration of love and cherished memories. Enjoy live music by Debbi Bailes and her band on Thursday, Feb. 26th, from 6 pm-7:30 pm. RSVP by Feb. 19th at (615) 822-6002. Our King and Queen will be crowned at that time.



Join us at our **“A Taste of Mardi Gras”** Party on Tuesday, February 17th at 2:30 pm in the Main Dining Room. The **DIXIELAND BAND** is performing their American Jazz in the style of New Orleans music.

Super Bowl Watch Party



Grab and Go **SUPER BOWL LX** **PARTY** will be Sunday, Feb. 8th, at 5 pm in AL Dining Room. Super Bowl 2026 is at Levi’s Stadium in Santa Clara, CA.

**It costs about \$8 million for a 30-second TV commercial during the Super Bowl.



2025 KING AND QUEEN
DAVID AND LINDA EVJEN

Welcome 
New Residents

Please call the front desk if we can help in any way. Join us for our **“Meet & Greet”** on Thursday, Feb. 19th, at 3 pm in the Activity Room.

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Groundhog Day 10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C) 11:00 TAPPIN' TO THE TUNES OF LETA (4) 2:00 1ST BAPTIST CHURCH VIDEO (AL-1) 3:30 RESIDENT CHOICE GAMES (A) AND (IL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1)	2 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LET'S GET MOVING (DR) 10:45 UNO CARD GAME (AL-2) 1:30 BINGO BASH / PRIZES (A) 1:30 BINGO BONANZA / PRIZES (AL-1) 6:30 HAND & FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (4) & (A)	3 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 FRONT LOBBY POPCORN (L) AND (AL-1) 10:45 VALENTINE COLORING (AL-1) 1:30 GOOD SAMARITAN SHOPPING (sign up) 2:00 BALANCE CLASS WITH TOTAL WELLNESS (A) 2:30 VALENTINE NAME THAT TUNE WITH ELROY (DR) 3:00 BRIDGE (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (A) & (4)	4 Homemade Soup Day 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVEMENT AND MOTION (DR) 10:45 VALENTINE CARD MAKING (AL-1) 1:30 BOCCE BALL (IL-2) 3:00 CORN HOLE CHALLENGE (AL-2) 3:30 MUSIC WITH LETA (4) 4:00 CATHOLIC COMMUNION (C) 6:30 MEXICAN TRAIN (A) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (4)	5 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 BIBLE STUDY (A) 10:30 FRONT LOBBY POPCORN (L) & (AL-1) 1:30 AL AND IL BINGO BONANZA / PRIZES (A) 1:00 CROSSWORD CHALLENGE (A) 1:15 MEN'S POKER GROUP (AL-2) 2:00 CORNHOLE / COCKTAILS (A) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1)	6 Wear Red Day 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVE IT OR LOSE IT (DR) 10:45 DRINK AND CHAT / VALENTINE WORD SEARCH (AL-1) 1:30 AL AND IL BINGO BONANZA / PRIZES (A) 2:00 POCKET BILLIARDS (4) 3:00 TAPPIN' TO THE TUNES WITH LETA (AL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (A) & (4)	7 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:45 BIBLE STUDY WITH LANCE THOMPSON (C) 1:30 RESIDENT CHOICE GAMES (A) AND (IL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 SKYJO (4)
8 Pizza Day 10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C) 2:00 1ST BAPTIST CHURCH VIDEO (AL-1) 3:30 RESIDENT CHOICE GAMES (A) AND (IL-2) 5:00 GRAB AND GO SUPER BOWL LX PARTY (AL-1) 6:30 HAND AND FOOT (4)	9 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 UNO CARD GAME (AL-2) 1:30 BINGO BONANZA / PRIZES (AL-1) 1:30 BINGO BASH / PRIZES (A) 3:00 EXERCISE CLASS WITH TOTAL WELLNESS THERAPY, ZACK BENTLEY, OT (AL-2) 3:15 I-PHONE CLASS WITH JOEY HOLLAND (A) 6:30 HAND & FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (4) & (A)	10 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 UKULELE BAND CONCERT (DR) 10:30 FRONT LOBBY POPCORN (L) AND (AL-1) 1:30 LINE DANCING WITH AMY (DR) 1:30 WALMART SHOPPING (sign up) 3:00 BRIDGE (4) 3:00 CRAFTING WITH AMY 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (A) & (4)	11 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVEMENT AND MOTION (DR) 10:45 VALENTINE FEUD (AL-1) 1:30 BOCCE BALL (IL-2) 3:00 CORN HOLE CHALLENGE (AL-2) 3:30 MUSIC WITH LETA (4) 4:00 CATHOLIC COMMUNION (C) 6:30 MEXICAN TRAIN (A) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (4)	12 Abraham Lincoln's Birthday 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 BIBLE STUDY (A) 10:30 FRONT LOBBY POPCORN (L) & (AL-1) 10:30 LUNCH BUNCH OUTING TO CHOP HOUSE (Sign Up) 1:00 CROSSWORD CHALLENGE (A) 1:15 MEN'S POKER GROUP (AL-2) 3:00 FEBRUARY JEOPARDY (A) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1)	13 Apology Day 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVE IT OR LOSE IT (DR) 10:45 DRINK AND CHAT / VALENTINE WORD SEARCH (AL-1) 1:30 AL AND IL BINGO BONANZA / PRIZES (A) 2:00 POCKET BILLIARDS (4) 3:00 TAPPIN' TO THE TUNES WITH LETA (AL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (A) & (4)	14 Valentine's Day 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:45 BIBLE STUDY WITH LANCE THOMPSON (C) 1:30 RESIDENT CHOICE GAMES (A) AND (IL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 MUSICAL MEMORIES WITH RAY (DR) 6:30 SKYJO (4)
15 Presidents Day 10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C) 2:00 1ST BAPTIST CHURCH VIDEO (AL-1) 3:30 RESIDENT CHOICE GAMES (A) AND (IL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1)	16 Mardi Gras 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LET'S GET MOVING (DR) 10:45 UNO CARD GAME (AL-2) 1:30 BINGO BASH / PRIZES (A) 1:30 BINGO BONANZA / PRIZES (AL-1) 6:30 HAND & FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (4) & (A)	17 National Drink Wine Day 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 FRONT LOBBY POPCORN (L) AND (AL-1) 1:00 BALANCE CLASS WITH TOTAL WELLNESS (A) 2:00 A TASTE OF MARDI GRAS with the Dixieland Band (DR) 3:00 BRIDGE (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (A) & (4)	18 Chocolate Mint Day 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVEMENT AND MOTION (DR) 10:45 STICKER ART FUN (AL-1) 1:15 BOCCE BALL (IL-2) 2:30 FOOD FORUM MEETING (DR) 3:00 CORN HOLE CHALLENGE (AL-2) 3:30 MUSIC WITH LETA (4) 4:00 CATHOLIC COMMUNION (C) 6:30 MEXICAN TRAIN (A) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (4)	19 Chocolate Mint Day 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 BIBLE STUDY (A) 10:30 FRONT LOBBY POPCORN (L) & (AL-1) 11:30 FEBRUARY BIRTHDAY STEAK AND CAKE (DR) 1:00 CROSSWORD CHALLENGE (A) 1:15 MEN'S POKER GROUP (AL-2) 1:30 KROGER SHOPPING (Sign Up) 3:00 MEET & GREET WEDDING PHOTO SOCIAL WITH NEW RESIDENTS (A) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (A) & (4)	20 Cherry Pie Day 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVE IT OR LOSE IT (DR) 10:45 DRINK AND CHAT / FUN WORD SEARCH (AL-1) 1:30 AL AND IL BINGO BONANZA / PRIZES (A) 2:00 POCKET BILLIARDS (4) 3:00 TAPPIN' TO THE TUNES WITH LETA (AL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (A) & (4)	21 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:45 BIBLE STUDY WITH LANCE THOMPSON (C) 1:30 RESIDENT CHOICE GAMES (A) AND (IL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 SKYJO (4)
22 Tootsie Roll Day 10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C) 2:00 1ST BAPTIST CHURCH VIDEO (AL-1) 3:30 RESIDENT CHOICE GAMES (A) AND (IL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1)	23 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LET'S GET MOVING (DR) 10:45 UNO CARD GAME (AL-2) 1:30 BINGO BASH / PRIZES (A) 1:30 BINGO BONANZA / PRIZES (AL-1) 3:00 EXERCISE CLASS WITH TOTAL WELLNESS THERAPY, ZACK BENTLEY, OT (AL-2) 3:15 I-PHONE CLASS WITH JOEY HOLLAND (A) 6:30 HAND & FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (4) & (A)	24 Chocolate Covered Nut Day 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 FRONT LOBBY POPCORN (L) AND (AL-1) 10:30 RESIDENT COUNCIL MEETING (AL-2) 1:30 LINE DANCING WITH AMY (DR) 2:30 TOWN HALL MEETING (A) 3:00 BRIDGE (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (A) & (4)	25 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVEMENT AND MOTION (DR) 10:45 FINISH THE PHRASE (AL-1) 1:30 BOCCE BALL (IL-2) 3:00 CORN HOLE CHALLENGE (AL-2) 3:30 MUSIC WITH LETA (4) 4:00 CATHOLIC COMMUNION (C) 6:30 MEXICAN TRAIN (A) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (4)	26 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 BIBLE STUDY (A) 10:30 FRONT LOBBY POPCORN (L) & (AL-1) 1:00 CROSSWORD CHALLENGE (A) 1:15 MEN'S POKER GROUP (AL-2) 1:30 DOLLAR GENERAL MARKET SHOPPING (sign up) 2:30 MUSICAL MELODIES WITH RAY (C) 6:00 SENIOR LOVE PROM--A NIGHT TO REMEMBER with Debbi Bailes Band (DR) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (A) & (4)	27 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVE IT OR LOSE IT (DR) 10:45 DRINK AND CHAT / WINTER WORD SEARCH HOT CHOCOLATE (AL-1) 1:30 AL AND IL BINGO BONANZA / PRIZES (A) 2:00 POCKET BILLIARDS (4) 3:00 TAPPIN' TO THE TUNES WITH LETA (AL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 RUMMIKUB (A) & (4)	28 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:45 BIBLE STUDY WITH LANCE THOMPSON (C) 1:30 LEISURE RIDE (Sign Up—Weather Permitting) 1:30 RESIDENT CHOICE GAMES (A) AND (IL-2) 6:30 HAND AND FOOT (4) 6:30 MOVIE NIGHT WITH GARY (AL-1) 6:30 MUSICAL MEMORIES WITH RAY (DR) 6:30 SKYJO (4)
LOCATION OF ACTIVITIES (A) ACTIVITY ROOM (AL) ASSISTED LIVING (C) CHAPEL (DR) DINING ROOM (G) GARDEN (IL) INDEPENDENT LIVING	(4) CARD ROOM ON IL-4 (* REQUIRES YOU TO SIGN UP IN THE OUTING BOOK LOCATED IN THE DINING ROOM BY THE IL DOOR. YOU'LL ALSO BE ABLE TO SIGN UP FOR CRAFTS, LUNCH BUNCH OUTING, AND LEISURE RIDES.		ADDITIONAL ACTIVITIES may be added or omitted during the month. Please view the BULLETIN BOARDS located in numerous areas on IL and AL. Announcements will be made at noon for additional information.		NEED A NOTARY? Deborah Kinzer is a commissioned Tennessee Notary and provides Mobile and Remote Online Notary services throughout Portland, Sumner County and surrounding areas. Call her at (615) 285-9302 if you need one. Charge is \$5.00.	 Valentine's Day February 14

You're Doing a Great Job

To improve your mood instantly, look in the mirror and give yourself a compliment.

Be Mindful of Missed Calls

If you notice a missed call from an unknown phone number, resist the urge to satisfy your curiosity and call back. Scammers can spoof numbers that look similar to ones you regularly call in the hopes you'll answer. When you return the call, it verifies that a person is assigned to your phone number, prompting the scammer to try again another time.



Smitten With Gloves

Gloves have long been associated with romance. Knights were said to carry the glove of a sweetheart in their helmets to bring them good luck. In Victorian England, a suitor would gift a pair of gloves to the girl of his dreams, who'd wear the gloves in public if she returned his affections. And a Latvian tradition calls for brides to fill a hope chest with hundreds of handmade mittens as a sign of devotion.

More February Events

Feb. 3 - Name That Tune
Feb. 3 & 17 - Balance Class with Total Wellness
Feb. 10 - Crafting with Amy
Feb. 12 - Valentine Jeopardy
Feb. 18 - Food Forum Meeting
Feb. 26 - Musical Memories with Ray Newton



ANNIVERSARIES RESIDENTS

4 Years - Dorothy Stallworth

8 Years - Ron Courtney

STAFF

1 Year - Pam Sadler

2 Years - Ashley Brown

2 Years - Michelle Graves

6 Years - Laurie Shick

BIRTHDAYS RESIDENTS

02—Edna Burwell

06—Cecil Felker

08—Betty Connolly

09—Thomas Karnes

10—Judy Cherry

13—David Sparks

14—Lou Palmer

14—Katherine Carstens

15—Nancy Hobbs

19—Dave Anderson

27—Jean Deaton

28—Carolyn Norman

STAFF

18—Essie Edwards

21—Alma Flippin

Red Barber's Ballgames

With down-home, Southern charm and a knack for vivid play-by-plays, Walter Lanier "Red" Barber was a pioneer of sports broadcasting. From 1934 to 1966, he announced MLB and NFL games on the radio, mostly for New York teams. In an era before watching sports on TV was the norm, fans felt like they were in the stands thanks to Barber's keen descriptions and regular score updates prompted by an egg timer placed on the corner of his desk—a habit adopted by countless future announcers. Tip your ball cap to Barber on his birth anniversary, Feb. 17.

Where Every Resident is Family

Friends Make the Best Neighbors
at Park Place Senior Living

You will receive a \$1500 Referral Bonus

90 days after their move-in date.

Potential new residents will receive a \$1,000 credit



Wild World: Groundhogs

Every year on Groundhog Day, America's favorite weatherman appears. In honor of Punxsutawney Phil, share these facts about groundhogs. "Groundhog" is the typical name for these animals, but they are also called woodchucks. Sometimes they are referred to as "whistle-pigs" due to the sound they emit when in danger. They forge intricate tunnels, which have many chambers and entrances and can be up to 50 feet long. Every year, groundhogs hibernate. Their temperature drops to around 40 F, and their breathing and heart rate slow dramatically.

Brainteaser

Question: What flies around when it's born, lies still when it's living, and runs when its life is over?

Answer: A snowflake.