



31 Executive Park Drive  
Hendersonville, TN 37075  
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*A Place To Call Home*

Find us on 

**PARK PLACE STAFF**

**General Manager**

Jenna Wetherholt

**Office Manager**

OPEN

**Resident Care Director**

Heather Lupinek, LPN

**Maintenance Director**

Chip McKenney

**Sales Director**

Sherrye Moore

**Dining Services Director**

OPEN

**Recreation Director**

Susan Jones

**Wellness Coordinator**

Cheri Strachan



**Sham Rockin' Party**

Join us Tuesday, March 17th, at 2:30 pm in the Main Dining Room for musical entertainment by Les Kerr. Wear your green and invite your family and friends!



**Jenna Wetherholt  
General Manager**

Jenna brings 15 years in senior living and currently resides in Nashville. She is a seasoned leader with a heart to serve, and we are excited to have her on board! Welcome, Jenna!



**TIME CHANGE  
SUNDAY, MARCH 8th**

Remember to roll clocks forward one hour when Daylight Saving Time Begins.

**Ice Cream, Ice Cream. Who Wants Ice Cream?**

1st Baptist Church in Hendersonville is hosting an Ice Cream Social featuring Baskin-Robbins Ice Cream! What better treat to have than a delicious ice cream sundae? Residents, staff and families are invited for fellowship and conversation on Sunday, March 29th, at 2:30 PM.

**Fraud Awareness and Scam Prevention**

Join us Thursday, March 5th, at 2:30 pm for a presentation with Jeff Winer. Topics will include recognizing pressure tactics, what to do when something doesn't feel right, and common scams targeting older adults and trusted resources.



Please call the front desk if we can help in any way. Join us for our "Meet & Greet" on Tuesday, March 24th, at 2:30 pm in the Activity Room.

| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday  |
|---|--|--|---|---|---|---|
| <p>1</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/><b>10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C)</b><br/>11:00 GOING DOWN MEMORY LANE WITH LETA (4)<br/>3:30 RESIDENT CHOICE GAMES (A) AND (IL-2)<br/>6:30 HAND AND FOOT (4)<br/>6:30 MEXICAN TRAIN (A)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)</p>  | <p>2</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:00 LET'S GET MOVING (DR)<br/>10:45 UNO CARD GAME (AL-2)<br/><b>1:30 BINGO BASH / PRIZES (A)</b><br/>1:30 BINGO BONANZA / PRIZES (AL-1)<br/>6:30 HAND &amp; FOOT (4)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 RUMMIKUB (4) &amp; (A)</p>  | <p>3</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:30 FRONT LOBBY POPCORN (L)<br/><b>2:00 BALANCE CLASS WITH TOTAL WELLNESS (A)</b><br/><b>2:30 MARCH JEOPARDY (A)</b><br/>3:00 BRIDGE (4)<br/>3:30 BOCCE BALL (IL-2)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 RUMMIKUB (A) &amp; (4)</p>   | <p>4</p> <p><b>Pound Cake Day</b><br/>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:00 MOVEMENT AND MOTION (DR)<br/>10:45 JIGSAW PUZZLES (AL-1)<br/><b>1:30 BOCCE BALL (IL-2)</b><br/>3:00 CORN HOLE CHALLENGE (AL-2)<br/>3:30 MUSIC WITH LETA (4)<br/>4:00 CATHOLIC COMMUNION (C)<br/>6:30 MEXICAN TRAIN (A)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 ROOK (4)</p>   | <p>5</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:30 BIBLE STUDY (A)<br/>10:30 FRONT LOBBY POPCORN (L) &amp; (AL-1)<br/>1:15 MEN'S POKER GROUP (AL-2)<br/>1:30 CROSSWORD CHALLENGE (A)<br/>1:30 KROGER SHOPPING*<br/><b>2:30 FRAUD AWARENESS AND SCAM PREVENTION with Jeff Winer (A)</b><br/>6:30 HAND AND FOOT (4)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)</p>   | <p>6</p> <p><b>Oreo Cookie Day</b><br/>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:00 MOVE IT OR LOSE IT (DR)<br/>10:45 DRINK AND CHAT / WINTER WORD SEARCH (AL-1)<br/><b>1:30 AL AND IL BINGO BONANZA / PRIZES (A)</b><br/>2:00 POCKET BILLIARDS (4)<br/>3:00 TAPPIN' TO THE TUNES WITH LETA (AL-2)<br/>6:30 HAND AND FOOT (4)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 RUMMIKUB (A) &amp; (4)</p>                 | <p>7</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/><b>10:45 BIBLE STUDY WITH LANCE THOMPSON (C)</b><br/>1:30 RESIDENT CHOICE GAMES (A) AND (IL-2)<br/>6:30 HAND AND FOOT (4)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 SKYJO (4)</p>   |
| <p>8</p> <p><b>Daylight Saving Time Begins</b><br/>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/><b>10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C)</b><br/>11:00 GOING DOWN MEMORY LANE WITH LETA (4)<br/>3:30 RESIDENT CHOICE GAMES (A) AND (IL-2)<br/>6:30 HAND AND FOOT (4)<br/>6:30 MEXICAN TRAIN (A)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)</p> | <p>9</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:00 LET'S GET MOVING (DR)<br/>10:45 UNO CARD GAME (AL-2)<br/><b>1:30 BINGO BASH / PRIZES (A)</b><br/><b>3:00 EXERCISE CLASS WITH TOTAL WELLNESS THERAPY, ZACK BENTLEY, OT(AL-2)</b><br/>3:15 I-PHONE CLASS WITH JOEY HOLLAND (A)<br/>6:30 HAND &amp; FOOT (4)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 RUMMIKUB (4) &amp; (A)</p>   | <p>10</p> <p><b>Trivia Day</b><br/>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:30 FRONT LOBBY POPCORN (L)<br/><b>11:00 LUNCH BUNCH OUTING TO LYNCOYA CAFE (sign up)</b><br/><b>1:30 TRIVIA AND MORE (A)</b><br/>3:00 BRIDGE (4)<br/><b>3:00 CORN HOLE CHALLENGE (AL-2)</b><br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 RUMMIKUB (A) &amp; (4)</p> | <p>11</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:00 MOVEMENT AND MOTION (DR)<br/><b>1:30 BOCCE BALL (IL-2)</b><br/><b>3:00 DECLUTTERING AND ORGANIZING PRESENTATION WITH HEATHER (A)</b><br/>3:30 MUSIC WITH LETA (4)<br/>4:00 CATHOLIC COMMUNION (C)<br/>6:30 MEXICAN TRAIN (A)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 ROOK (4)</p>  | <p>12</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:30 BIBLE STUDY (A)<br/>10:30 FRONT LOBBY POPCORN (L) &amp; (AL-1)<br/><b>11:30 MARCH BIRTHDAY STEAK AND CAKE (DR)</b><br/>1:15 MEN'S POKER GROUP (AL-2)<br/>1:30 CROSSWORD CHALLENGE (A)<br/>1:30 WALMART SHOPPING (sign up)<br/><b>2:30 DENNIS RADER MUSIC AND COMEDY (DR)</b><br/>6:30 HAND AND FOOT (4)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)</p> | <p>13</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:00 MOVE IT OR LOSE IT (DR)<br/>10:45 DRINK AND CHAT / WINTER WORD SEARCH (AL-1)<br/><b>1:30 AL AND IL BINGO BONANZA / PRIZES (A)</b><br/>2:00 POCKET BILLIARDS (4)<br/>3:00 TAPPIN' TO THE TUNES WITH LETA (AL-2)<br/>6:30 HAND AND FOOT (4)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 RUMMIKUB (A) &amp; (4)</p>   | <p>14</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/><b>10:45 BIBLE STUDY WITH LANCE THOMPSON (C)</b><br/><b>1:00 NOTARY SERVICES with Deborah Kinzer (C)</b><br/>1:30 RESIDENT CHOICE GAMES (A) AND (IL-2)<br/>6:30 HAND AND FOOT (4)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/><b>6:30 MUSIC MELODIES WITH RAY (DR)</b><br/>6:30 SKYJO (4)</p> |
| <p>15</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/><b>10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C)</b><br/>11:00 GOING DOWN MEMORY LANE WITH LETA (4)<br/>3:30 RESIDENT CHOICE GAMES (A) AND (IL-2)<br/>6:30 HAND AND FOOT (4)<br/>6:30 MEXICAN TRAIN (A)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)</p>                                       | <p>16</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:00 LET'S GET MOVING (DR)<br/>10:45 UNO CARD GAME (AL-2)<br/><b>1:30 BINGO BASH / PRIZES (A)</b><br/>1:30 BINGO BONANZA / PRIZES (AL-1)<br/>6:30 HAND &amp; FOOT (4)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 RUMMIKUB (4) &amp; (A)</p>   | <p>17</p> <p><b>St. Patrick's Day</b><br/>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:30 FRONT LOBBY POPCORN (L)<br/><b>2:00 BALANCE CLASS WITH TOTAL WELLNESS (4)</b><br/><b>2:30 ST. PATRICK'S PARTY WITH LES KERR (A)</b><br/>3:00 BRIDGE (4)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 RUMMIKUB (A) &amp; (4)</p>                           | <p>18</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:00 MOVEMENT AND MOTION (DR)<br/>10:45 MAGAZINE SCAVENGER HUNT (AL-1)<br/><b>1:00 BOCCE BALL (IL-2)</b><br/><b>2:00 DO YOU KNOW MY WISHES? PRESENTATION with Erin Keogh-Rankin from Johnson McGinnies Elder Care Law and Estate Planning (A)</b><br/>3:00 CORN HOLE CHALLENGE (AL-2)<br/>3:30 MUSIC WITH LETA (4)<br/>4:00 CATHOLIC COMMUNION (C)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 ROOK (4) and MEXICAN TRAIN (A)</p> | <p>19</p> <p><b>Backwards Day</b><br/>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:30 BIBLE STUDY (A)<br/>10:30 FRONT LOBBY POPCORN (L) &amp; (AL-1)<br/>1:00 CROSSWORD CHALLENGE (A)<br/>1:15 MEN'S POKER GROUP (AL-2)<br/>1:30 GLENBROOK SHOPPING (sign up-L)<br/><b>2:00 CRAFTING WITH AMY (A)</b><br/>6:30 HAND AND FOOT (4)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)</p>                                     | <p>20</p> <p><b>1st Day of Spring</b><br/>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:00 MOVE IT OR LOSE IT WITH MELINDA (DR)<br/>10:45 DRINK AND CHAT / WINTER WORD SEARCH (AL-1)<br/><b>1:30 AL AND IL BINGO BONANZA / PRIZES (A)</b><br/>2:00 POCKET BILLIARDS (4)<br/>3:00 TAPPIN' TO THE TUNES WITH LETA (AL-2)<br/>6:30 HAND AND FOOT (4)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 RUMMIKUB (A) &amp; (4)</p> | <p>21</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/><b>10:45 BIBLE STUDY WITH LANCE THOMPSON (C)</b><br/>1:30 RESIDENT CHOICE GAMES (A) AND (IL-2)<br/>6:30 HAND AND FOOT (4)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 SKYJO (4)</p>  |
| <p>22</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/><b>10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C)</b><br/>11:00 GOING DOWN MEMORY LANE WITH LETA (4)<br/>3:30 RESIDENT CHOICE GAMES (A) AND (IL-2)<br/>6:30 HAND AND FOOT (4)<br/>6:30 MEXICAN TRAIN (A)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)</p>                                       | <p>23</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:00 LET'S GET MOVING (DR)<br/>10:45 UNO CARD GAME (AL-2)<br/><b>1:30 BINGO BASH / PRIZES (A)</b><br/><b>3:00 EXERCISE CLASS WITH TOTAL WELLNESS THERAPY, ZACK BENTLEY, OT (AL-2)</b><br/>3:15 I-PHONE CLASS WITH JOEY HOLLAND (A)<br/>6:30 HAND &amp; FOOT (4)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 RUMMIKUB (4) &amp; (A)</p> | <p>24</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:30 FRONT LOBBY POPCORN (L)<br/><b>1:30 LINE DANCING WITH AMY (DR)</b><br/><b>2:30 MEET AND GREET NEW RESIDENTS (A)</b><br/>3:00 BRIDGE (4)<br/>3:30 BOCCE BALL (IL-2)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 RUMMIKUB (A) &amp; (4)</p>   | <p>25</p> <p><b>Coloring Day</b><br/>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:00 MOVEMENT AND MOTION (DR)<br/>10:45 COLORING ART (AL-1)<br/><b>1:30 BOCCE BALL (IL-2)</b><br/><b>2:30 FOOD FORUM MEETING (DR)</b><br/>3:00 CORN HOLE CHALLENGE (AL-2)<br/>3:30 MUSIC WITH LETA (4)<br/>4:00 CATHOLIC COMMUNION (C)<br/>6:30 MEXICAN TRAIN (A)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 ROOK (4)</p>  | <p>26</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:30 BIBLE STUDY (A)<br/>10:30 FRONT LOBBY POPCORN (L) &amp; (AL-1)<br/>1:15 MEN'S POKER GROUP (AL-2)<br/>1:30 CROSSWORD CHALLENGE (A)<br/>1:30 HOBBY LOBBY SHOPPING (sign up)<br/><b>2:30 SINGING TO THE TUNES OF RAY NEWTON (DR)</b><br/>6:30 HAND AND FOOT (4)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)</p>  | <p>27</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:00 MOVE IT OR LOSE IT WITH MELINDA (DR)<br/>10:45 DRINK AND CHAT / WINTER WORD SEARCH (AL-1)<br/><b>1:30 AL AND IL BINGO BONANZA / PRIZES (A)</b><br/>2:00 POCKET BILLIARDS (4)<br/>6:30 HAND AND FOOT (4)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 RUMMIKUB (A) &amp; (4)</p>   | <p>28</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/><b>10:45 BIBLE STUDY WITH LANCE THOMPSON (C)</b><br/>1:30 RESIDENT CHOICE GAMES (A) AND (IL-2)<br/>6:30 HAND AND FOOT (4)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 SKYJO (4)</p>  |
| <p>29</p> <p><b>Palm Sunday</b><br/>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/><b>10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C)</b><br/>11:00 GOING DOWN MEMORY LANE WITH LETA (4)<br/>3:30 RESIDENT CHOICE GAMES (A) AND (IL-2)<br/>6:30 HAND AND FOOT (4)<br/>6:30 MEXICAN TRAIN (A)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)</p>                | <p>30</p> <p><b>Folding Laundry Day</b><br/>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:00 LET'S GET MOVING (DR)<br/>10:45 FOLDING LAUNDRY (AL-2)<br/><b>1:30 BINGO BASH / PRIZES (A)</b><br/>1:30 BINGO BONANZA / PRIZES (AL-1)<br/>6:30 HAND &amp; FOOT (4)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 RUMMIKUB (4) &amp; (A)</p>  | <p>31</p> <p>9:00 COMMUNITY JIGSAW PUZZLE (A)<br/>10:30 FRONT LOBBY POPCORN (L)<br/><b>10:30 RESIDENT COUNCIL MEETING (AL-2)</b><br/><b>2:30 TOWN HALL MEETING (A)</b><br/>3:00 BRIDGE (4)<br/>6:30 MOVIE NIGHT WITH GARY (AL-1)<br/>6:30 RUMMIKUB (A) &amp; (4)</p>   | <p><b>LOCATION OF ACTIVITIES</b><br/><b>(A)</b> ACTIVITY ROOM<br/><b>(AL)</b> ASSISTED LIVING<br/><b>(C)</b> CHAPEL<br/><b>(DR)</b> DINING ROOM<br/><b>(IL)</b> INDEPENDENT LIVING</p>  | <p><b>(4)</b> CARD ROOM ON IL-4<br/><b>(*)</b> REQUIRES YOU TO SIGN UP IN THE OUTING BOOK LOCATED IN THE DINING ROOM BY IL DOORS. YOU'LL ALSO BE ABLE TO SIGN UP FOR CRAFTS, LUNCH BUNCH OUTINGS, &amp; LEISURE RIDES.</p>  |  <p><b>ADDITIONAL ACTIVITIES</b> may be added or omitted during the month. Please view the <b>BULLETIN BOARDS</b> located in numerous areas on IL and AL. Announcements will be made at noon for additional information.</p>   |   |

## Armchair Travels: Cliffs of Moher

Ireland has no shortage of breathtaking tourist attractions, but the Cliffs of Moher top most travelers' lists. Situated on the west coast of County Clare, the cliffs are a genuine wonder of nature. The drop of 700 feet from a flat meadow down to the Atlantic Ocean offers an awe-inspiring view, making boats in the water look like children's toys. With binoculars, you can observe more than 20 bird species that reside in the crags along the cliffs, including the Atlantic puffin.



## Memorable Melody: 'When Irish Eyes Are Smiling'

This beloved musical tribute to the Emerald Isle was written by three Americans in 1912, at a time when Irish ballads were enormously popular in the U.S. Chauncey Olcott, George Graff Jr. and Ernest Ball wrote the song for the Broadway play "The Isle O' Dreams," and its lighthearted lyrics and catchy melody appealed to audiences. Along with becoming a St. Patrick's Day standard, the tune has been featured in dozens of Irish-themed films and TV shows.

## Emerald Isle to Oval Office

Half of all U.S. presidents have claimed Irish ancestry.



## Ice-Cold Craters

During lunar eclipses, the moon's temperature can plummet more than 300 degrees in as little as 10 minutes.

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## ANNIVERSARIES RESIDENTS

- 2 Years - Thomas Karnes
- 2 Years - Linda Johnson
- 4 Years - Mildred Gallaher
- 5 Years - Bobbie Garrett

### STAFF

- 1 Year - Michala Graves
- 1 Year - Rondia Sales
- 1 Year - Tracy McAdams
- 2 Years - Kim Cross
- 2 Years - Brian Gardner
- 2 Years - Teresa Johnston
- 29 Years - Chip McKenney

## BIRTHDAYS RESIDENTS

- 03—Claudine Adams
- 08—Charles Woodward
- 09—Thomas Karnes
- 22—Mary Justice
- 30—Martha Gann

### STAFF

- 05—Kim Phelps
- 11—Brian Gardner
- 13—Susan Jones
- 15—Crea Taylor
- 18—Essie Edwards

## 'Pearl' Is One

How many words can you come up with using the letters in "leprechaun"?

## Staff Appreciation



Thank you for all you do, especially during the most challenging times we pulled through.

## "Do You Know My Wishes?"

A presentation with Erin Keogh-Rankin from Johnson McGinnis Elder Care Law and Estate Planning is on Wednesday, March 18th, at 2 pm in the Activity Rm on IL. Learn how to start and navigate difficult, but necessary, conversations with your family. Also, why every adult over the age of 18 should have an advanced directive and/or healthcare power of attorney.



## Spring Into Journaling

Save these journal prompts for some rainy-day reflection:

1. What is a habit or routine you used to have that you would like to renew?
2. What is a negative emotion or mindset you can "declutter" from your mind?
3. What nourishes you, and what makes you grow?

## Decluttering and Organizing

Join us Wednesday, March 11th, at 3 pm to learn what the **CLUTTER COMPANY** offers to help you declutter and get organized.