

31 Executive Park Drive Hendersonville, TN 37075 (615) 822-6002 Fax: (615) 822-3765

### A Place To Call Home

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### PARK PLACE STAFF

**General Manager** Jonda Brown Office Manager Vicki Crooks

**Resident Care Director** Jean Bourk, LPN

**Maintenance Director** 

Chip McKenney **Sales Director** 

Stephanie Johnson

**Dietary Director** 

JP Routhier

**Recreation Director** 

Susan Jones



Please call the front desk if we can help you in any way. We are glad you made us your home.



TIME CHANGES SUNDAY. NOVEMBER 3rd Set clocks back one hour when Daylight Saving Time Ends.

### **November Gratitude**

A few things to be thankful for this month:

- The beauty of the changing leaves.
- Time with loved ones during the holiday season.
- The service of veterans and current military members.

What else can you add?



Happy Thanksgiving to All We are so grateful we have such wonderful friends and neighbors at Park Place. Thank you for making our community so pleasant. We wish everyone a safe and terrific holiday.





**Honoring Veterans** 

Veterans Day on November 11th is a federal holiday that honors all men and women who have served in the U.S. armed forces. Originally called Armistice Day, the day marks the 11th hour of the 11th day of the 11th month of 1918 when an armistice between Germany and the Allies went into effect, ending World War I. We will honor our Veterans on Wednesday, November 6th, at 2:30 pm at our **VETERANS' TRIBUTE** PROGRAM. Nick Nickles, U.S. Navy, Lt. Ret., returns as our guest speaker, and we welcome back

Time Capsule: 1946

A gallon of gas cost 15 cents & a new car averaged \$1,120. Both seem like a bargain compared with today's prices until you ponder the typical annual salary was \$2,250. The world's first electric blanket debuted at the hefty price of \$39.50, while a man's necktie cost a mere \$1.50. Phil McLendon Wood Craft

the fabulous Silver Notes Band.

Come see the different wood boxes that Phil is providing to us FREE that would make nice Christmas gifts. Choose how to decorate them on Thursday, Nov.

7th, at 3:30 pm in IL Activity Room. Later in the month, I will schedule a time to finish them. Family, residents and staff are welcome to come.



# November 2024

A SENIOR LIVING COMMUNITY						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ADDITIONAL ACTIVITIES may be added or omitted during the month. Please view the BULLETIN BOARDS located in numerous places on IL and AL. Announcements will be made at noon for informative information.		LOCATION OF ACTIVITIES  (A) ACTIVITY ROOM ON IL-2  (AL) ASSISTED LIVING  (C) CHAPEL  (DR) DINING ROOM  (G) GARDEN  (L) LOBBY	(4) CARD ROOM ON IL-4 (*) REQUIRES YOU TO SIGN UP IN THE OUTING BOOK LOCATED IN THE DINING ROOM BY IL DOORS. YOU'LL ALSO BE ABLE TO SIGN UP FOR CRAFTS AND OTHER CLASSES.		9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVE IT OR LOSE IT (DR) 10:45 DRINK AND CHAT / THANKSGIVING HARVEST WORD SEARCH (AL-1) 1:30 BINGO MANIA / PRIZES (A) 1:30 BINGO MANIA (AL-1) 2:00 POCKET BILLIARDS (4) 6:30 HAND AND FOOT (IL-2) 6:30 RUMMIKUB (A)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 REFRESHMENT SOCIAL (AL-1) 11:00 BIBLE STUDY WITH LANCE THOMPSON (C) 1:30 RESIDENT CHOICE GAMES (A) 6:30 HAND AND FOOT (IL-2) 6:30 MUSIC WITH JOE AND RAY (C)
9:00 TRANSPORTATION TO 1ST BAPTIST CHURCH IN H'VILLE* 10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C) 10:30 TRANSPORTATION TO OUR LADY OF THE LAKE CATHOLIC CHURCH* 2:00 BOCCE BALL WITH JOE (IL-2) 2:00 REFRESHMENT SOCIAL (AL-1) 2:00 RUMMIKUB (A) 6:30 HAND AND FOOT (A)	10:45 BALLOON SWATTING (AL-1)	1.000)/	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVEMENT AND MOTION (DR) 10:45 UNO CARD GAME (AL-1) 2:30 VETERANS' TRIBUTE PROGRAM with Nick Nickles, U.S. Navy (DR) 4:00 CATHOLIC COMMUNION (C) 6:30 ROOK (LIBRARY)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 WHO WANTS POPCORN (L) 10:30 BIBLE STUDY (A) 1:15 LET'S PLAY POKER (AL-1) 1:45 CHAIR YOGA WITH PAT (A) 2:30 TURKEY SHOOT & CORN HUSKING RELAY (DR) 3:30 INTRODUCTION TO WOOD CRAFT (A) 6:30 HAND AND FOOT (A) 7:00 THURSDAY NIGHT AT THE MOVIES (AL-1)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVE IT OR LOSE IT (DR) 10:45 DRINK AND CHAT / FUN WORD SEARCH (AL-1) 1:30 BINGO MANIA / PRIZES (A) 1:30 BINGO MANIA (AL-1) 2:00 POCKET BILLIARDS (4) 6:30 HAND AND FOOT (IL-2) 6:30 RUMMIKUB (A)	9 9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 REFRESHMENT SOCIAL (AL-1) 11:00 BIBLE STUDY WITH LANCE THOMPSON (C) 1:30 RESIDENT CHOICE GAMES (A) 6:30 HAND AND FOOT (IL-2) 6:30 MUSIC WITH JOE AND RAY (C)
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9:00 TRANSPORTATION TO 1ST BAPTIST CHURCH IN H'VILLE*  10:00 WORSHIP WITH JOHN BRADLEY FROM H'VILLE CHURCH OF CHRIST (C)  10:30 TRANSPORTATION TO OUR LADY OF THE LAKE CATHOLIC CHURCH*  2:00 BOCCE BALL WITH JOE (IL-2)  2:00 REFRESHMENT SOCIAL (AL-1)  2:00 RUMMIKUB (A)  6:30 HAND AND FOOT (A)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 LET'S GET MOVING (DR) 10:45 DOMINOES (AL-1) 1:30 BINGO MANIA WITH KAREN (A) 1:30 HOBBY LOBBY SHOPPING* 3:15 iPHONE CLASS WITH JOEY HOLLAND (A) 3:30 BINGO / PRIZES (AL-1) 6:30 HAND & FOOT (IL-2) 6:30 RUMMIKUB (A)	9:00 COMMUNITY JIGSAW PUZZLE (A) 9:45 MOVE IT OR LOSE IT (DR) 10:30 RESIDENT COUNCIL IN ROOM (AL) 1:15 CROSSWORD PUZZLE (IL-2) 2:30 TOWN HALL MEETING (A) 6:30 RUMIMIKUB (A) & (4) 6:30 SKIP-BO (2)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:00 MOVEMENT AND MOTION (DR) 10:45 AGE ADDS FLAVOR COLORING ART (AL-1) 1:30 BINGO MANIA WITH LORETTA (A) 2:40 HOLIDAY STAFF & RESIDENT PIE WALK (DR) sign up in outing book 3:30 BOCCE BALL (AL-1) 4:00 CATHOLIC COMMUNION (C) 6:30 ROOK (LIBRARY)	Thanksgiving 28 7:30 ALL FRONT OFFICES WILL BE CLOSED. A RECEPTIONIST WILL BE ON DUTY IF YOU NEED ASSISTANCE. 9:00 COMMUNITY JIGSAW PUZZLE (A) 1:30 THURSDAY MOVIE MATINEE (AL-1) 2:00 RESIDENT CHOICE GAMES (A) 6:30 HAND AND FOOT (A)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:45 DRINK AND CHAT / FUN WORD SEARCH (AL-1) 1:30 BINGO MANIA / PRIZES WITH GEORGETTE (A) 1:30 BINGO MANIA (AL-1) 2:00 POCKET BILLIARDS (4) 6:30 HAND AND FOOT (IL-2) 6:30 RUMMIKUB (A)	9:00 COMMUNITY JIGSAW PUZZLE (A) 10:30 REFRESHMENT SOCIAL (AL-1) 11:00 BIBLE STUDY WITH LANCE THOMPSON (C) 1:30 RESIDENT CHOICE GAMES (A) 6:30 HAND AND FOOT (IL-2) 6:30 MUSIC WITH JOE AND RAY (C)

### Famous Faces Born in November

Nov. 1, 1991: Anthony Ramos Nov. 4, 1961: Ralph Macchio Nov. 6, 1988: Emma Stone Nov. 9, 1980: Vanessa Lachey

Nov. 11, 1962: Demi Moore

Nov. 14, 1954: Yanni

Nov. 21, 1985: Ronny Chieng

Nov. 29, 1988: Russell Wilson



#### **BIRTHDAY--RESIDENTS**

1 - Betty Stewart

26 - Sharon Sewell

26 - Jo Harper

29 - Sharon Reynolds

### **STAFF**

3 - Vicki Crooks

### ANNIVERSARIES RESIDENTS

2 Years - Cecil England 2 Years - Wilda Poynor

4 Years - Nancy Hobbs

8 Years - Betty Connolly

**Thanksgiving Walk** 

Feeling stuffed after the feast is part of what Thanksgiving is all about! But before you settle on the couch to watch football or take a nap, go for a quick walk. Even a stroll as short as 15 minutes will regulate blood sugar levels and help you digest that heavy meal. And the healthy group activity provides more opportunities to bond—it could be your new holiday tradition!

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**ENJOY ACTIVITY PHOTOS!** 

### **Mayo With That?**

According to legend, John Montagu was really only looking for time-saving nourishment when he invented the sandwich during an all-night gambling session in 1762. Montagu, Fourth Earl of Sandwich, asked for his meat to be served between slices of bread to avoid interrupting his game. So have a roast beef on rye in his honor on Nov. 3, Sandwich Day.

# Remember When: U.S. Savings Stamps

For Americans who wanted to support the military during World War II but didn't have the extra funds to buy war bonds, savings stamps were an affordable alternative. The stamps were available in the amounts of 10 cents, 25 cents, 50 cents, \$1 and \$5, each designated by a different color. The purpose of the stamps was not to send mail; instead, they were collected in a booklet and eventually traded in for a war bond in a larger amount (\$25, \$50 or \$100). Sporting an inspiring image of a Revolutionary War Minuteman statue, the stamps were a patriotic reminder to U.S. residents that their support, no matter how small, mattered to the soldiers serving their country. Children were encouraged to collect the stamps as well, and the U.S. Treasury Department even produced curriculum featuring the stamps for teachers to use in their math lessons.



#### **Sweet Potato Season**

When seeking out fall flavors to enjoy in a scrumptious dessert, don't sleep on sweet potatoes! Though mashed sweet potatoes share many similarities with pureed pumpkin, subtle differences make the root veaetable a favorite for many. Because sweet potatoes are naturally sweeter than pumpkin, recipes starring the spud usually require smaller amounts of spices. Also, sweet potato pie tends to have a light, airy texture, whereas pumpkin pie is usually thick and creamy.



### Wild World: Turkey Vulture

As people gather around Thanksgiving tables, giving thanks for family, friends and a tasty turkey, they may also want to say a thank-you to the turkey vulture. Like all scavengers, this large bird helps the ecosystem stay balanced by feeding on carrion. The turkey vulture somewhat resembles a wild turkey, with a dark brown and black body; a bald, red head; and an ivory-colored beak. They're one of the few bird species with a sense of smell, which helps them find food as they soar above the landscape. Also commonly called buzzards, turkey vultures are found throughout North America and in parts of South America.

